

**50
YEARS**

GOLDEN JUBILEE



**ASSOCIATION OF MEDICAL
CONSULTANTS, MUMBAI**

GOLDEN JUBILEE SOUVENIR

PROF. (DR.) SUSHMITA BHATNAGAR
President, 2021-2022

DR. PRADEEP BALIGA
Secretary, 2021-2022



Golden Jubilee

SOUVENIR

To mark the joyous
occasion of completion
of

50
years

of unmatched commitment of
the consultant community.

Released at the Golden Jubilee Function held
on 27th March 2022 , at Hotel Sahara Star,
Vile Parle East, Mumbai

FOREWORD

It is indeed a joyous and exhilarating moment to be celebrating half a century of a challenging and exciting journey of a great organisation which sprung up on the medical landscape as a miniature sapling and continued to grow to a mammoth and magnificent oak tree ---there for all to see, what with, its branches spread across Maharashtra and Karnataka as well.

It is only fitting that the occasion be celebrated with pleasure and pride.

President Dr. Sushmita Bhatnagar has exactly done that and put her heart and soul into it for which she needs to be whole-heartedly commended. As the Golden Jubilee celebrations are flagged off and Dr. Sushmita passes the baton on to an equally dynamic incumbent President Dr. Nilima Vaidya-Bhambre, we have every reason to expect the AMC to rise to even greater heights.

Do sit back and savour this historic moment. It comes only once in 50 years !!

Dr. Lalit Kapoor
Director –AMC INDIA
President, Federation of AMCs of India
Founder, Medico-legal Cell AMC





ACKNOWLEDGEMENTS

The Golden Jubilee Souvenir is an attempt to capture the thoughts and ideas of dignitaries connected with Healthcare, our esteemed well-wishers, and our past presidents, secretaries. Our Association has reached this very important landmark only because of the selfless contribution of the past presidents and their committees. The contribution of each one in each segment is gratifying as well as enlightening.

The compilation of the souvenir would not have been possible without the kind support and active advice, guidance, and cooperation of Dr. Lalit Kapoor, Dr. Suresh Rao, Dr. Suhas Shah, Dr. Ajit Desai, Dr. Quresh Maskati, Dr. Sunita Dube, Dr. Reena Wani, Dr. Sunil Khatri, Dr. Ajay Hariyani, Dr. Vivek Dwivedi, the Team AMC 2021-22 as well as the entire staff of AMC. I would like to extend my sincere thanks to all of them.

I am highly indebted to the Association of Medical Consultants(AMC) for giving me this opportunity and the occasion of the Golden Jubilee celebrations on 27th March 2022 where this souvenir is being released.

Jai AMC

Prof.(Dr.) Sushmita Bhatnagar
50th President AMC 2021-22



ROLL OF HONOR

OF PAST PRESIDENTS AND SECRETARIES

1	PRESIDENT LATE DR. SURABHAI C. SHETH SECRETARY DR. AJAY C. KOTHARI	1972	
	1973	PRESIDENT LATE DR. C.L. ZAVERI SECRETARY DR. AJAY C. KOTHARI	2
3	PRESIDENT LATE DR. C.L. ZAVERI SECRETARY DR. AJAY C. KOTHARI	1974	
	1975	PRESIDENT LATE DR. SHANTILAL SHAH SECRETARY DR. AJAY C. KOTHARI	4
5	PRESIDENT LATE DR. P. P. KARNIK SECRETARY DR. PARITOSH R. CHOLIA	1976	
	1977	PRESIDENT LATE DR. SUBHASH J. DALAL SECRETARY DR. LALIT M. KAPOOR	6
7	PRESIDENT LATE DR. BHANUBEN NANAVATI SECRETARY DR. JUGALKISHORE B. AGRAWAL	1978	
	1979	PRESIDENT LATE DR. SHANTILAL SHAH SECRETARY DR. MAHENDRA K. PATEL	8
9	PRESIDENT LATE DR. MANSUKH J. GANDHI SECRETARY DR. MAHENDRA K. PATEL	1980	
	1981	PRESIDENT DR. RAMESH M. SHAH SECRETARY DR. MAHENDRA K. PATEL	10
11	PRESIDENT DR. LEKHA A. PATHAK SECRETARY DR. C.R. JOSHI	1982	
	1983	PRESIDENT LATE DR. KRISHNA SANKARI SECRETARY LATE DR. MAHENDRA S. SHETH	12
13	PRESIDENT LATE DR. J.T. VYAS SECRETARY LATE DR. MAHENDRA S. SHETH	1984	
	1985	PRESIDENT DR. RAMNIK GANDHI SECRETARY LATE DR. MAHENDRA S. SHETH	14
15	PRESIDENT LATE DR. NATOOBHAI SHAH SECRETARY LATE DR. RAJA K. UPPONI	1986	
	1987	PRESIDENT LATE DR. D.G.A. REBELLO SECRETARY DR. DILIP S. NAIK	16
17	PRESIDENT DR. K.V. CHAUBAL SECRETARY DR. DILIP S. NAIK	1988	
	1989	PRESIDENT LATE DR. LAXMICHAND M. SHAH SECRETARY DR. S.K. JOSHI	18
19	PRESIDENT LATE DR. MAHENDRA S. SHETH SECRETARY DR. SATISH AROLKAR	1990	
	1991	PRESIDENT DR. OM PRAKASH KAPOOR SECRETARY DR. SATISH AROLKAR	20

ROLL OF HONOR

OF PAST PRESIDENTS AND SECRETARIES

21	PRESIDENT DR. LALIT M. KAPOOR SECRETARY DR. DILIP S. NAIK	1992	
	1993	PRESIDENT DR. LALIT M. KAPOOR SECRETARY DR. DILIP S. NAIK	22
23	PRESIDENT DR. JUGALKISHORE B. AGRAWAL SECRETARY DR. SHIVBHAGWAN N. AGRAWAL	1994	
	1995	PRESIDENT DR. DILIP S. NAIK SECRETARY DR. SHIVBHAGWAN N. AGRAWAL	24
25	PRESIDENT DR. ANIL N. SUCHAK SECRETARY DR. UMESH B. KHANNA	1996	
	1997	PRESIDENT LATE DR. RAJA K. UPPONI SECRETARY DR. SHRIKANT M. BADWE	26
27	PRESIDENT DR. PRABHAKAR N. RAO SECRETARY DR. BIPIN M. PANDIT	1998	
	1999	PRESIDENT DR. BIPIN V. SHAH SECRETARY DR. BIPIN M. PANDIT	28
29	PRESIDENT DR. SHIVBHAGWAN N. AGRAWAL SECRETARY DR. SHAILESH D. UPADHYAY	2000	
	2001	PRESIDENT DR. SHRIKANT M. BADWE SECRETARY DR. SHAILESH D. UPADHYAY	30
31	PRESIDENT DR. KETAN P. PARIKH SECRETARY DR. GOPE M. BHATIA	2002	
	2003	PRESIDENT DR. BIPIN M. PANDIT SECRETARY DR. SURESH S. RAO	32
33	PRESIDENT DR. SUDHA N. SHETH SECRETARY DR. SABH SINGH KHAMBAY	2004	
	2005	PRESIDENT DR. SURESH S. RAO SECRETARY DR. UMESH G. OZA	34
35	PRESIDENT DR. BIPIN M. PANDIT SECRETARY DR. ANAND L. PARIHAR	2006	
	2007	PRESIDENT DR. UMESH G. OZA SECRETARY DR. NIRANJAN D. AGARWAL	36
37	PRESIDENT DR. ANAND L. PARIHAR SECRETARY DR. RAJEEV M. WALAVALKAR	2008	
	2009	PRESIDENT DR. SUHAS S. KATE SECRETARY DR. AJAY R. HARIANI	38
39	PRESIDENT DR. RAJEEV M. WALAVALKAR SECRETARY DR. SUDHIR G. NAIK	2010	
	2011	PRESIDENT DR. NIRANJAN D. AGARWAL SECRETARY DR. KISHORE ADYANTHAYA	40

ROLL OF HONOR

OF PAST PRESIDENTS AND SECRETARIES

41

PRESIDENT DR. AJAY R. HARIANI
DR. KISHORE ADYANTHAYA
SECRETARY DR. VEENA B. PANDIT

2012

2013

PRESIDENT DR. SUJATA R. RAO
SECRETARY DR. SMITA D SHARMA

42

43

PRESIDENT DR. SANGEETA H. PIKALE
SECRETARY DR. VIPIN S. CHECKER

2014

2015

PRESIDENT DR. SUDHIR G. NAIK
SECRETARY DR. MUKESH D. GUPTA

44

45

PRESIDENT DR. VEENA B. PANDIT
SECRETARY DR. ASHOK R. SHUKLA

2016

2017

PRESIDENT DR. SMITA D. SHARMA
SECRETARY DR. VIVEK DWIVEDI

46

47

PRESIDENT DR. VIPIN S. CHECKER
SECRETARY DR. SUSHMITA N. BHATNAGAR

2018

2019

PRESIDENT DR. MUKESH D. GUPTA
SECRETARY DR. NILIMA VAIDYA-BHAMARE

48

49

PRESIDENT DR. DEEPAK D. BAID
SECRETARY DR. NILIMA VAIDYA-BHAMARE

2020

2021

PRESIDENT DR. SUSHMITA N. BHATNAGAR
SECRETARY DR. PRADEEP R. BALIGA

50



PRESIDENT - PROF. (DR.) SUSHMITA BHATNAGAR
HON. SECRETARY - DR. PRADEEP BALIGA
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MANAGING TRUSTEE - DR. KISHORE ADYANTHAYA
PRESIDENT FAMC – DR. LALIT KAPOOR
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CONVENORS – DR. SURESH RAO, DR. BIPIN PANDIT

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Dr. Pradeep Baliga	- Hon. Secretary
Dr. Deepak Baid	- Imm. Past President
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Dr. Nitin Bhatnagar	- Editor - Website
Dr. Alok Modi	- Editor - The Grasp

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Dr. Ajit K. Desai	- Trustee
Dr. Sujata Rao	- Trustee
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Dr. Suresh Rao	- Advisor - H&A
Dr. Sudhir Naik	- Chairman - Medico legal Cell
Dr. Lalit Kapoor	- Advisor - Medico legal Cell
Dr. Shrikant Badwe	- Chairman-CBS
Dr. Bipin Shah	- Advisor-CBS
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Dr. Bipin Pandit & Dr. Suresh Rao	- Advisors MMC cell
Dr. Suresh Rao	- Chairman AMC-NoAH
Dr. Niranjana Agarwal	- Advisor Noah cell
Dr. Umesh Oza	- Chairman-Affiliate Unit Cell
Dr. Kishore Adyanthaya.	- Advisor Affiliate Unit cell
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Dr. Shivbhagwan Agrawal	- Advisor-Social Service Cell
Dr. Mukesh Gupta	- Chairperson-Media & Communication Cell
Dr. Veena Pandit	- Advisor – Media & Communication Cell

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Dr. Suhas Shah	- Rest of Mumbai
Dr. Debashish Das	- Kurla - Ghatkopar
Dr. Manoj Patel	- Bandra - Andheri
Dr. Ajay Hariani	- Jogeshwari - Dahisar
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Dr. Bipin Pandit	- Navi Mumbai - Raigad
Dr. Vivek Dwivedi	- Thane – Kalyan

Director AMC India

Dr. Lalit Kapoor

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Dr. Dnyanesh Belekar
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Dr. Sunita Dube
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Dr. Amit Nabar
Dr. Anand Pawal
Dr. Sanjay Pattiwar
Dr. Rajesh Kukreja

Souvenir Coordinators

Dr. Ajay Hariani
Dr. Vivek Dwivedi



Congratulations



BHAGAT SINGH KOSHYARI
GOVERNOR OF MAHARASHTRA



RAJ BHAVAN
Malabar Hill
Mumbai 400 035
Tel. : 022-2363 2660
Fax. : 022-2368 0505

MESSAGE

15 March 2022

I am pleased to know that the Association of Medical Consultants, Mumbai is celebrating its Golden Jubilee on 27th March 2022.

It is gratifying to note that the Association has more than 13000 Post-graduate Medical Consultant members engaged in private practice and serving in Teaching and Corporate Hospitals. Mumbai is known for its excellent health care infrastructure and world-class doctors, experts and consultants. Members of the Association are rendering invaluable service to the people and the nation at large.

I congratulate the Association of Medical Consultants on the joyous occasion of its Golden Jubilee and convey my best wishes for the success of the Golden Jubilee function.


(Bhagat Singh Koshyari)

Dr Sushmita Bhatnagar
President AMC





Kotak Mahindra Bank

Uday S Kotak
Managing Director & CEO
March 15, 2022.

Dr. Suhas Shah
Zonal Director
Association of Medical Consultants
302, The Summit Business Park Premises Chsl.
Opp. PVR Cinema, Andheri East
Mumbai 400093.

Dear

I thank Dr. Bhatnagar, Dr. Baliga, Dr. Rao and you for the invitation to be the Guest of Honor for the Golden Jubilee Function of AMC.

I will unfortunately miss this special occasion owing to a prior commitment. I however wish the function every success.

My message:

"Congratulations on the Golden Jubilee of AMC and my best wishes to all the members who are doing a fabulous job of providing inpatient care for the citizens of our city for the last 50 years. May they continue to grow and provide much needed healthcare facilities to our city."

With warm regards,

Yours sincerely,

UDAY KOTAK

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ई-मेल/Email : director.aiims@gmail.com, director@aiims.edu

आचार्य रणदीप गुलेरिया, पद्मश्री
निदेशक

Prof. Randeep Guleria, Padma Shri
MD, DM (Pulmonary Medicine), FAMS, FIMSA
DIRECTOR

16th March, 2022

MESSAGE

I wish to congratulate you as the 50th President and the Association of Medical Consultants on very successfully completing 50 years. I would have loved to be present for the Golden Jubilee celebrations on 27th March 2022 in Mumbai, but have to state with regrets my inability due to prior commitments.

The Association of Medical Consultants is a premier multispecialty organization which is very unique with a huge membership base. Your welfare activities for both the medical professionals as well as society at large are commendable and applaudable. My best wishes for the association to keep growing at a rapid pace and continue to add immense value as has been done in last 50 years. I wish the best to all the members of the Association, as well as to Dr. Lalit Kapoor who has been one of the founder members of this Association and is continuing to serve with great zeal.

Hearty congratulations.

(Prof. Randeep Guleria)





Justice Mohit S. Shah

MESSAGE

My heartiest congratulations to the Association of Medical Consultants of Mumbai on the occasion of its Golden Jubilee celebrations. The Association is well known as a premier medical organisation.

Its role in the healthcare delivery system and in sensitising its members to medico legal issues and patient safety are well known to me. I have had occasions to participate in some of the seminars organised by the Association and I am impressed by great intellectual content of the debates at such seminars.

My best wishes to the Association of Medical Consultants and its members for a bright future dedicated to service of humanity.

**Justice Mohit S. Shah
Former Chief Justice
High Courts of Bombay & Calcutta**



Justice Dr. S Radhakrishnan Retd

My heartiest congratulations to the Association of Medical Consultants on the occasion of its Golden Jubilee celebrations. The Association is well known as a premier medical organisation.

Its role in the healthcare delivery system and in sensitising its members to medico-legal issues and patient safety are well known to me. I have had occasion to participate in some of the debates organised by AMC and I can vouch for the great intellectual content of the same.

My very best wishes for a bright future.
Justice Dr. S Radhakrishnan Retd





MLA
ADV. ASHISH SHELAR B.Sc., L.L.B.
Bandra (West) Assembly
Ex-Minister, School Education, Sports & Youth Welfare

Date: 17th March 2022

**To,
Dr. Sushmita Bhatnagar,
President,
Association of Medical Consultants,
Mumbai**

Respected Madam,

Hearty congratulations to your Association for having completed the Golden Jubilee so successfully. Your association is involved in various welfare activities for the betterment of the society and this has been a big Boon to the under-privileged sector. Your constructive projects will have certainly help to build a strong and Healthy Nation.

During the recent Pandemic, your fraternity has proved how Noble the medical profession is, and it goes a long way in establishing the Faith people have in Doctors. My sincere Best wishes to all the members of your association and your trustees- Dr. Kishore Adyanthaya, Dr. Lalit Kapoor & Dr. Ajeet Desai.

Congratulations once again!

Yours Sincerely,

Adv. Ashish Shelar

Office : 2, New Friends Apartment, Bazar Road, Bandra (W), Mumbai 50 • Mob.: +91 8828424214
Email : ashishmclotus@gmail.com

Website : advashishshelar.in • AdvocateAshishShelar • Shelar Ashish • Email: bjpbandrawest@gmail.com





Dr. Vedprakash Mishra
Pro-Chancellor
Datta Meghe Institute of Medical
Sciences
(Deemed to be University),

MESSAGE

It's a matter of immense pleasure along with a satisfaction to take note of the historical fact that the Association of Medical Consultants of Mumbai would be celebrating their Golden Jubilee towards the commemoration of 50 Glorious years of not only their existence but also of its impact, consequence, and relevance as a holy trinity in a realistic sense.

The lofty ideals and goals that were set out by it have not only been fulfilled and realized in both letter and spirit but the great legacy that has been set out by the various predecessors as key office bearers of the organization is not only inspiring and exemplary but also is emulative on all yardsticks of measurable assessment. It has not only gone to create milestones but also benchmarks that stand out as inspiring foci.

Realistically speaking 50 long years in the life of an organization with an impeccable track record by itself stands out as an inspirational monument of its type. The way in which the association has shaped the medical profession and also contributed to its growth and development in a very cogent and credible manner speaks volumes of the devotion and dedication with which the larger cause has been espoused in a manner which per se is a 'role model' in its own right.

An association with such a huge membership and yet the invocation of unified solidarity thereunder categorically brings out an unending commitment of all the members to espouse the larger cause in tune with the dictum that 'Individual for the organization and thereby the organization for every individual.

It has to be borne in mind that the concept of 'Welfare state' that has been so benevolently incorporated in the Constitution goes to guarantee every citizen access and resultant entitlement to decent and dignified life within the ambit of the doctrine that the Right to Health is the fundamental right guaranteed thereunder.



It is true that the actualization of the guarantee enshrined in the Constitution of India towards the invocation of 'Welfare State' is vested with 'State' as contemplated and defined under Article 12 of the Constitution of India.

However, it is imperative that there are modes and mechanisms which are worked out by the committed and enlightened citizenship to cater to the very cause by evolving as a 'complimentary state'. Association of Medical Consultants in my humble opinion in terms of its unscripted contributing history of 50 glorious years can definitely be set to be a complimentary state catering to the larger cause of ushering in the welfare state as a constitutional mandate and has rendered its shoulder continually in a committed way.

It's a matter of joy that the Golden Jubilee Celebrations are planned and are being given shape in a very enthusiastic manner. To my understanding, it is not just a commemoration of cherishable 50 long years of service to the medical profession, professionals, and society as a whole, but it is also a willing and wholehearted endorsement of carrying forward the legacy with a greater degree of involvement, commitment, and selflessness. The team of office bearers led by its President Prof. Dr. Sushmita Bhatnagar has left no stone unturned in giving the same shape which would be not only worthy of remembrance but would be purposive enough to rekindle the ignited lamp of upholding the medical profession and professionals with an unending commitment to catering to the cause of suffering multitude in the most committed and humane manner. As such, this would result in realistically actualizing the core doctrines of 'humanization' of the medical profession and socialization of medical practice so that the benefits thereto accrue to the weakest of weak, poorest of the poor, and remotest of the remote. It is this encompassing which is the core essence of the desired welfare state where no denial of any form results on the basis of any differentiating, demarcating, or discriminating basis.



It is in this vein I have every reason to candidly place emphatically that the Association of Medical Consultants of Mumbai by itself is an inspiring role model led by stalwarts in the past and in the golden jubilee year by Dr. Mrs. Bhatnagar which has shown the entire country a way to tread upon. I am sure that the trend that has been so set in and has been given an exalted state as of now would not only be maintained in the same spirit in times to come but shall also be taken up to newer heights in the interest of profession, professionals, men, and mankind as a whole. I deem it my pleasure to be associated with prestigious golden Jubilee celebrations. I record my salutation and appreciation for the glorious contributions that have been invoked by the association and wish it the very best for all times to come to scribe their footprints on the sands of time in an inerasable manner.

**Professor of Excellence, Professor of Eminence and
Professor Emeritus Dr. Vedprakash Mishra**

Dr. B. C. Roy National Awardee,

D.Sc. (Honoris Causa) by Six Universities

National Head of the Academic Programme of Indian Programme UNESCO Chair in Bio-Ethics Haifa & Member of
the International Committee for Bioethics for Asia Pacific Region

Chief Advisor to Hon'ble Chancellor and Krishna Institute of Medical Sciences (Deemed to be University), Karad

Pro-Chancellor, Datta Meghe Institute of Medical Sciences (Deemed to be University), Nagpur

Dean, Academic and Accreditation Board, National Indian Medical Association, New Delhi

Honorary Professor, Indian Medical Association

Honorary Director, Centre for Health Sciences Education Policy and Planning, DMIMS(DU), Nagpur

Former Vice Chancellor, Datta Meghe Institute of Medical Sciences (Deemed University), Nagpur

Former Chairman, Postgraduate Medical Education Committee, Medical Council of India, New Delhi

Former Chairman, Academic Council, Medical Council of India, New Delhi





DR. ADISH C AGGARWALA

SENIOR ADVOCATE

PRESIDENT, INTERNATIONAL COUNCIL OF JURISTS
PRESIDENT, INTERNATIONAL COMMISSION OF WRITERS

CHAIRMAN, NATIONAL CITIZENS' COMMITTEE

CHAIRMAN, ALL INDIA BAR ASSOCIATION

EX. ACTING CHAIRMAN, BAR COUNCIL OF INDIA

EX. VICE CHAIRMAN, BAR COUNCIL OF INDIA

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EX. VICE-CHAIRMAN, BAR COUNCIL OF INDIA

EX. CHAIRMAN, BAR COUNCIL OF DELHI

EX. SPECIAL COUNSEL, GOVT. OF INDIA

MESSAGE

Medical Consultants save lives, but their importance goes far beyond that. Medical Consultants also make a difference by helping patients minimize pain, recover from a disease faster or learn to live with a disabling injury.

Medical consultants in India have played major role in enhancing the standard of health care of Indians.

The members of Association of Medical Consultants have undertaken various welfare activities for the betterment of the suffering humanity. With the active support of the Medical consultants, India has defeated Covid-19.

My heartiest congratulations to President Dr. Sushmita Bhatnagar, and her team on completion of Golden Jubilee of Association of Medical Consultants.

(Dr. Adish C Aggarwala)

22.03.2022

GAURA-HARISH KUNJ, DS-423/424, NEW RAJINDER NAGAR, NEW DELHI -110060; TELEFAX: 28743285

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EMAIL: ADISHAGGARWALA@YAHOO.COM, INTERNATIONAL.JURISTS6@GMAIL.COM





DR. NEELAM ANDRADE

Professor and HOD; Oral, Maxillofacial and Plastic Surgery
Dean Nair Hospital Dental College
Dean NESCO Jumbo Covid Center, Goregaon
Director (ME & MH), MCGM, Mumbai

FROM THE DIRECTOR'S DESK

I have been aware of various activities of AMC as a multi-faculty organization for many years but had closer interaction with them in the COVID-19 Pandemic, when I was working as Dean at the NESCO Jumbo centre. They have done a lot of patient-centric activities with generous donations to various MCGM Hospitals and centres, and their various schemes benefit consultants across the private and public health care sectors.

After I have taken charge as Director of MCGM Hospitals, it has been a journey of challenges, but organizations such as yours can continue to contribute to health care services in many ways. I wish the team headed by Dr. Sushmita Bhatnagar, along with our members working in public health like Dr. Reena Wani, Dr. Lalita Maydeo the very best for the GOLDEN JUBILEE Celebrations year. I am sure that the incoming team with Dr. Nilima Vaidya-Mhambre will also do a great job!!

Best wishes,

DR. NEELAM ANDRADE

Professor and HOD; Oral, Maxillofacial and Plastic Surgery
Dean Nair Hospital Dental College
Dean NESCO Jumbo Covid Center, Goregaon
Director (ME & MH), MCGM, Mumbai





Senior Advocate Raja Thakare

Dear Dr. Ajit Desai,

It is with Great Pride that I can say that I have been associated with the AMC for nearly four decades. This association which was the creation of a small group of Doctors who dreamt of integrating the Medical Professionals for their own advancement and progress has today grown into a huge conglomerate and an institution that can make its voice heard by the Authorities. It has undoubtedly been a collective effort but I will fail in my duty if I don't acknowledge the tremendous efforts put in by Dr. Lalit Kapoor who has been the backbone of this Association and has not only contributed by his physical efforts but also by his painstakingly well researched articles published for the benefit of the doctor community. I do hereby convey my Heartfelt Congratulations to the AMC on the completion of its Golden Jubilee!

Thanks for the invitation and I will certainly be attending the Golden Jubilee function!

With warm regards
Senior Advocate Raja Thakare





Dr. Harold D'Costa

President - Cyber Security Corporation,
Advisor (Law enforcement agencies - Cyber Crime),
International Trainer (Judges & Public Prosecutors)

Dear Sir / Madam,

My heartiest congratulations to the Association of Medical Consultants on the occasion of its Golden Jubilee celebrations. While the Association is well known as an esteemed medical organisation, its role in the healthcare delivery system and sensitising its members on medico-legal issues and patient security are well known to me. I can vouch that the intellectual content cumulatively of the Association is by and far the best comparing its peers.

My sincere and best wishes for a bright future.

Regards
Dr. Harold D'Costa





Dr. Mangala Gomare
Executive Health Officer, The Public Health Department BMC

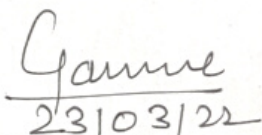
AMC Golden Jubilee Souvenir

It is my honour to be a part of the Golden Jubilee celebration of the Association of Medical Consultants and be able to share a few words about this prestigious organisation.

AMC is one of the biggest and most powerful association of specialist doctors that focuses on both curative and preventive aspects of health as well as the welfare of its members. It has carried out notable work in the field of public health by conducting various health awareness initiatives, exhibitions, and medical camps. AMC provides a unifying platform for consultants working in both public as well private sector for knowledge sharing, networking and capacity building by hosting workshops and training sessions.

The association has carried out several noteworthy initiatives during the COVID -19 pandemic such as virtual meetings, sensitisation workshops and SOP dissemination for the medical and paramedical workforce. I, on behalf of the Public Health Department, BMC appreciate the work done during the pandemic, especially by the small Nursing homes and hospitals, who are members of AMC.

I commend the organisation for achieving the milestone of 50 years of service to its members and people at large, and extend my best wishes for its future efforts and endeavours.


23/03/22
Dr Mangala Gomare
Executive Health Officer
The Public Health Department
BMC



Years **50**



Past Presidents & Secretaries



DR. AJAY C. KOTHARI

ENT SURGEON

SECRETARY, 1972 - 1976

Realizing that no common platform was available only for the consultants to interact, discuss, identify the solution, approach the concerned authority to get the remedy Dr. Ajay Kothari was motivated to form Consultants' Association Initially of the western suburbs comprising of 200 consultants. He spoke to each one separately to explain the purpose of the Association. He identified the subjects and organized the conference at Juhu hotel. Nearly 150 consultants attended some out of curiosity, some with the idea to meet friends from different speciality. Dr. Shantilal Mehta (Jaslok) naugurated. High level decision making persons were invited as speaker. At the end It was Dr. Mehta suggested that Dr. Kothari has already done the spade work and shown the importance of such a forum, we should form the association. Every one unanimously agreed and Dr. Kothari was authorized to work out the knity gritty. Pregnancy was confirmed. He was 'labelled 'as father of the association.

After the formation of the association, he firmly believed that we should have separate logo as consultant for car and mouth piece. He gave the name GRASP (GRIP-on the subject) from first letter of principal speciality, G yenec, R adiology, A naesthesiology, Surgery and Physician for bulletin





DR. RAMESH M. SHAH

ENT SURGEON

PRESIDENT, 1981 - 1982

Dr. R. M. SHAH

M.S., D.L.O. (LONDON)

Reg. No. : 2012/2/0311

Consulting ENT. Surgeon

Head of the ENT Dept. - Nanavati Hospital, Vile Parle (W) (EX)



Clinic
Resi
Mob.

2671 4545
2611 6565
98207 84690

Shruti Clinic, Shrinath Darshan,
Near Golden Tobacco,
S. V. Road, Vile Parle (W),
Mumbai - 400 056
E-mail : drmmshah@rediffmail.com
Time : Mon. to Sat. : 10.00 a.m. To 12.00 noon
Mon. & Thu. : 6.00 p.m. To 8.00 p.m.

Date

Date: 05/03/2022.

Dear Friends,

Walking down the memory lane, early glimpses of AMC flicker in front of my eyes. It was a gay couple "Dr Anupam Desai (90years) and Dr Ajay Kothari (84years) who conceived and delivered the baby 50 years ago. Soon the constitution committee was formed by late Dr S.C.Sheth, Dr Subhash Dalal and myself, from miniscual membership of 5 members, the AMC is now has grown into 10,000 members. A phenomenal achievement. Primary object was to create a platform for medical consultants to discuss various problems facing the profession and how to solve them, of course fellowship was an integral part of it. Since the beginning the AMC has achieved significant milestone till date, having our own premises and the administrative staff. Achievement includes facility of medical insurance, medicolegal help, overseas conference, a journal published every 3 months, holding seminars, conferences and interaction with prominent persons and organisations. The credit for uplifting the AMC goes to all the office bearers but I must mentioned the names of Dr Lalit Kapoor, Dr P N Rao, Dr Oza, Dr Khambay and many more.

I congratulate the AMC for these achievements and with all the best in coming years.

Regards!!

DR R M SHAH





DR. LEKHA PATHAK

CARDIOLOGIST

PRESIDENT, 1982 - 1983

I have great pleasure that ASSOCIATION OF MEDICAL CONSULTANTS is celebrating its GOLDEN JUBILEE YEAR. Time and tide waits for no one. It is nice to know association has grown and become one of the most important of the country. The association is not only providing medical education but very actively looking after medico legal problems for doctors in practice.

The association was started with small number of people in Mumbai. I have pleasure to become the first lady president of the association. I myself, Dr. Lalit Kapoor worked very hard to increase the membership. During my time we had first general body meeting and good entertaining programme. The association is growing growing and growing and my best wishes to the president and the organizing committee. Made this association further heights with best wishes.





DR. K.V. CHAUBAL

ORTHOPAEDIC SURGEON

PRESIDENT, 1988 - 1989

Those who looked after others realised the need to look after themselves, half of a century ago. The Association of Medical Consultants was thus born.

The Association has been a model of an organisation in co- operative effort. It has conducted its affairs in total transparency. It has never even deviated from its enunciated aims and objects. The success therefore has been well-deserved and the future assured.

Towards that assured future my very best wishes.





DR. SATISH AROLKAR

PLASTIC SURGEON/ COSMETIC SURGEON
SECRETARY, 1990 - 1992

The Fountain of Inspiration to associate with the activities of another doctors' association was the outcome of sustained and untiring enthusiasm of untiring stalwarts like Dr. Lalit Kapoor (also my senior at GMC Mumbai), His residential proximity to my in-laws then was an added advantage! Dr. Raja Upponi another stalwart from Ghatkopar/Chembur and Dr. Prabhakar Rao and Dr. Mahendra Shah from Mumbai, Dr. L M Shah from Bhayander all were a constant source of Inspiration and encouragement during the early 1990s with the burgeoning numbers of Medico-legal cases targeting Doctors and their Nursing homes prompted the association to take serious note of legal issues pertaining to our colleagues in Practice!

My proximity to Dr. Franklin and Dr. Pritam Phatnani both Police Surgeons, especially the latter, drew me close to Forensic and Medicolegal issues. Dr. Sudhakar Sane, another mentor, who eventually studied Law LLM. Dr. Sane implanted the seedling of an argument that Why cannot a doctor of Medicine practice both Medicine and Law simultaneously, To date a Doctor cannot be a legal Representative. This is strange because a doctor can more easily understand the medical issues/limitations and nuances, more lucidly!

Once while in the effort to draw very eminent judiciary counsel for a talk on the subject at one of our earliest such seminars I landed in the chamber of Justice Michael Saldanha at Mumbai Highcourt! While there I noticed a text book of Surgery by Rodney Maingot on his desk. He explained that since he had to pass judgement on a surgical lapse and therefore Negligence as claimed by the litigant, he wanted to verify the possibility of such an instrument was used in this particular surgery, and found NO mention of it! On this basis he "cleared" the accused Surgeon!

Subsequent such meetings with eminent Jurisprudence stalwarts such as Mr. Rustom Jal Vakil, Mr. Freny Ponda and more helped in having a Medicolegal cell exclusively addressing our members with Dr. Dilip Naik and Dr. Ajit Kulkarni taking over actively.. The Grasp our official newsletter was a 4-page cyclostyled affair! The new format was then introduced and I ipso facto continued as Editor for a few issues with a different colored cover-page for each issue.

Mr. Soman efficiently conducted office come sun or rain! thus began my humble but very memorable beginnings nearly 3 decades ago with AMC





DR. LALIT M. KAPOOR

GENERAL SURGEON

SECRETARY, 1972 - 1973

PRESIDENT, 1992 - 1994

AMC's FIVE DECADES OF EXISTENCE—A MOMENTOUS AND LUMINOUS LANDMARK

The completion of fifty years ---whether of a relationship or the lifespan of an organisation or even, an individual, is indeed a proud moment---one that should be celebrated and cherished. For AMC, It is a historic moment which should serve as a cusp or a watershed in its eventful and exciting journey.

Having been part of this journey for half a century, this golden jubilee landmark fills me with fond memories, nostalgia, and pride in witnessing its phenomenal growth to its present position as a vibrant, front-line medical organisation. The brainchild of a dynamic ENT surgeon Dr. Ajay Kothari in 1972, it was first named CONSULTANTS' ASSOCIATION. The old-timers still remember it by this name. A band of enthusiastic practicing consultants from the Western Suburbs of what was then called Bombay, rallied around the call of Kothari to examine, highlight and seek redressal of the problems related to Consultant doctors especially those in private practice. It was felt that the national Body IMA was not sufficiently motivated and geared to address Consultant-specific issues.

Being need-based, the Association attracted many consultants to join and thus began this great organisation propelled by the dynamism of Kothari and support from the veteran consultants like Dr. Suhrabhai Sheth, Dr. C.L.Jhaveri, Dr. Shantilal Sheth, Dr. Anupam Desai, and several others whom I might have failed to recall through the hazy mist of time. Joining in were other passionately committed workers like Dr. Paritosh Cholia, Dr. J B Agarwal, Dr. R.M.Shah, Dr. Dilip Naik, Dr. Prabhakar Rao, Dr. S.N.Agarwal and several others. I would especially like to mention my friend late Dr. Mahendra Sheth whose contribution to AMC has been phenomenal and formidable. His passion for AMC was incredible and only a debilitating illness could keep him away from AMC. There are some names I may have missed. My deepest apologies for the same.

From a handful of members, the strength of the membership kept growing slowly but steadily and, what is now history grew exponentially to its impressive current figure of over 13000 members!

AMC was essentially designed to function as a Body concerning itself with non-academic issues and in fact, was referred to as a Welfare Body of Consultants.



A few excerpts from the Preamble of its Constitution will re-in force the mission of AMC.

“The Association of Medical Consultants (AMC), Mumbai has been established with a view to promoting solidarity, efficiency, and welfare of medical consultants to uphold their honour, dignity, and legitimate rights.

MISSION: To guide, steer, motivate and hold the hands of every practicing Consultant to carry on his/her medical, ethical, and social responsibilities and duties conscientiously and fearlessly.

The official publication of AMC viz GRASP which was initiated by Dr. Kothari has grown in quality and content over the years and serves as an effective mouthpiece and chronicler of the events of the Association. I was Editor of GRASP from 1975 to 1996 after which there have been many illustrious editors.

AMC has reached its present stature due to the passion and commitment of all the past Presidents, each of whom, in their unique way, took the organisation to successively greater heights. This was potentiated by a large number of committed members who with their ideas and selfless contribution ensured value-addition to the Association. Today AMC stands on the shoulders of all these magnificent men and women. We need to acknowledge their contribution and salute them as we celebrate this joyous landmark in the history of our Association.

Undoubtedly, the future of AMC will be propelled by the innovative and bright youthful minds who will consolidate the impressive structure that is now visible and take up the numerous and grave challenges that face the medical profession.

The task of making AMC a national body which has been already initiated in the shape of FAMC (Federation of AMCs) and only needs to be taken forwards. The essence of this exercise is to ensure that consultants in other parts of the country need not re-invent the wheel and merely have to be helped to replicate a successful model which provides succor and support to colleagues at all times, especially in times of crisis. The USP of the organisation will, as always has been the case, the existence of a support system for members in times of medico-legal challenges. This support needs to be considerably augmented as newer and tougher challenges keep erupting.

Needless to say, future generations of AMC leaders will need to recognise the value of internal unity and cordiality. When the goal is common, it is only with mutual camaraderie and goodwill can organisation progress. Dissensions can only weaken the Association and dilute the efforts towards the common objective.

AMC has become an integral part of my persona during the past 5 decades. It has enriched my vision and allowed me to interact with a lot of extraordinary people. I would like to acknowledge this fact with gratitude and humility.

So here's wishing AMC and all its office bearers – past and present and all its well-wishers, a very happy golden jubilee and best wishes for achieving more laurels and reaching more milestones in the future

Dr. Lalit Kapoor





DR. DILIP S. NAIK

ENT SURGEON

SECRETARY, 1987-89, 1992-94

PRESIDENT, 1995 - 1996

Dear AMC Members,

My Heartiest Congratulations, Wishes, and Blessings to AMC as it approaches its Golden Jubilee of Existence as a Primary and Unique Medical Organisation.

As a Senior Member, Past President, Trustee, and a Zonal Director I feel immensely Gratified with a high sense of Satisfaction for whatever I might have contributed to the cause of AMC over the years.

I feel that I was very fortunate that I came to know of AMC as Consultants' Association (Bandra to Borivali) as it was known then, just after its inception in the year 1972.

I was indeed zapped by the philosophy and principles of this great organisation and it became a part and parcel of my life. I could think of nothing but AMC as I enrolled myself as its member and later became a part of the managing committee. Later I took up the post of Hon. Secretary and continued being so for 4 years. As the Hon. Secretary, I was able to put forth my suggestions and fructify them to reality. As the Hon. Secretary I arranged the First Fund Raising Programme for purchase of the first office space, got it furnished, and was able to appoint the first Office Manager in Mr. Ramchandran. The First Felicitation of Past Presidents has also been carried out at the hands of Dr. J. C. Patel a very Senior Physician.

In the year 1995, I was appointed President. Being an ENT Surgeon at the request of a senior member Dr. Yeshwant Oke I was able to convince AMC to back Dr. Oke's crusade against Noise Pollution and thus AMC could file a PIL against noise pollution in the Bombay High Court. The PIL is still being followed relentlessly by AMC to date.

Later I completed 9 years as a Trustee of AMC and as a senior member and a Past President was appointed Zonal Director for the area Bandra to Andheri.



My main forte in AMC as the Hon. Secretary was arranging Panel Discussions of interest and crucial to the cause of AMC viz CPA, Medico-Legal Issues, Infrastructure problems in Medical Practice et al by inviting Experts in the particular field. I was also able to raise funds as academic partners for every programme. When Dr. Suresh Rao became President of AMC in the year 2005, he introduced the concept of Doctors' Day Celebrations, and thus as the Zonal Director I was able to conduct blood donation camps at Bandra.

I must compliment Dr. Suresh Rao for sponsoring The Distinguished Services Award through his Sanjeevani Trust to be awarded to a Senior Member who has rendered yeoman service to AMC over the years. As a result, in the year 2016 the then President Dr. (Mrs.) Veena Pandit on Doctors' Day (3rd July 2016) felicitated me with the coveted award at the Rangsharda Auditorium. The said function was graced by Dr.(Mrs.) Snehalata Deshmukh former Vice-Chancellor of the Bombay University and Noted Film Star Mr. Nana Patekar as Celebrated Guests.

All in all, it has been a very satisfying period of work for me with enthusiasm and elan as I reflect on the days over the last 40 years as an active managing committee member as AMC celebrates its Golden Jubilee this year.

My sincere thanks to all AMC members who are a part of this cherished organisation and congratulate the Current President Dr. (Mrs.) Sushmita Bhatnagar and the Hon. Secretary Dr. Pradeep Baliga and Team AMC, for carrying out a very difficult year with a high degree of success. At this hour I also wish the Incoming President Dr.(Mrs.) Nilima Vaidya Bhambre and her Team had a very successful tenure.

May God Almighty Bless AMC and its members all the very best.

Thanking You
With Best Regards,
Dr. Dilip S. Naik.





DR. ANIL N. SUCHAK
ANAESTHESIOLOGIST
PRESIDENT, 1996 - 1997



DR. UMESH KHANNA
NEPHROLOGIST
SECRETARY, 1996-97, 2005-07

FROM THE DESK OF THE THEN SILVER JUBILEE PRESIDENT AND SECRETARY OF AMC

Dear Friends,

Congratulations on the Golden Jubilee celebrations of AMC, an organisation that is unparalleled and unmatched in its desire to work for the consultants and the yeoman service it has rendered to them over the years. Its popularity is increasing in leaps and bounds and so is its sphere of influence.

Both of us were fortunate to have been at the helm of affairs of managing the day-to-day affairs of this lovely association 25 years ago when it was much smaller but was making rapid strides and branching out into many verticals which have been firmly established today. We proudly remember some of our humble but very important contributions during our tenure as president and secretary during the 25 the silver jubilee year of its existence

- 1) Massive Fundraising for the premises achieved successfully
- 2) The first beautiful and comprehensive telephonic directory of AMC was brought out.
- 3) A glitzy and memorable silver jubilee program commemorating AMC's success fondly remembered by all who attended
- 4) A huge membership drive catapulting AMC into a force to reckon with amongst the consultant community.

Today, we look back with nostalgia at the beautiful journey of this great association spearheaded by stalwarts over the years. These stalwarts have been instrumental in guiding and navigating AMC to this pole vault position. We feel very proud of this organisation and its many achievements and are happy that we were given an opportunity to work for the association.

We are sure that the golden jubilee celebrations will be remembered by all of us and we are confident that AMC will remain a premier body looking after the welfare of the medical community.

We wish you all the very best for the program and a very bright future for AMC

Thanks

Dr. Anil Suchak

Dr. Umesh Khanna





DR. PRABHAKAR N. RAO

GYNAECOLOGIST AND OBSTETRICIAN

PRESIDENT, 1998 - 1999

It is with an unbelievable sense of pride that I, am awakened to the AMC celebrating its Golden Jubilee this year. Wha started off with just a handful of die –hard self-believers, grew, not only in numbers, but also in talent, creativity, and members with an undeniable strength in their abilities.

I am proud to have been offered the pleasure of being a part of the health plan and also its much sought after social security plan (THE CONSULTANTS BENEVOLENT SCHEME), of the AMC. Simply put, it has been a wonderful journey of being together in a large circle of living altogether.

I wish to convey Thank You Dr. Sushmita All and more success to AMC's future, as also reliving the happiness of the past glories.

Cordially,
Prabhakar Rao.





DR. BIPIN V. SHAH

PAEDIATRICIAN AND NEONATOLOGIST

PRESIDENT, 1999 - 2000

27th March 2022 will be written in golden letters in the history of A.M.C for a grand celebration of its golden jubilee function. We will be witnessing this grand event at Hotel Sahara. I am also one of the few lucky people to be a part of the silver jubilee celebration in 1997 held at Bandra.

I would like to congratulate from the bottom of my heart all the office bearers, trustee, managing trustee, honorary secretary, president, and Dr. Lalit Kapoor for planning this wonderful celebration for this unique, prestigious organization. A.M.C has served thousands of medical professionals in and around Mumbai and now has also expanded outside Mumbai as it has become Pan India.

We have seen this small sapling without shelter, growing into a mammoth tree due to the hard work of old guards namely - Dr. Lalit Kapoor, Dr. Mahendra Sheth, Dr. P.N. Rao, Dr. Dilip Naik, Dr. Suresh Rao, and Dr. S.N. Agrawal to name a few.

A.M.C has grown in all possible fields extensively due to untiring efforts by all the presidents and their teams. I was also one of them as the 28th president in 1999.

We now have a very powerful and unmatched combination of the old guards and young blood looking after the growth of this association. Old guards have experience and young blood are more acquainted with new technology and thus can manage print media and social networking. These synchronized efforts will take the association to achieve new heights year after year. Our aim should be to expand the AMC family to all practicing consultants and to serve each and every member in the time of their need. Very happy to know that AMC has started accepting Postgraduate students as members as this only resonates with my thoughts.

Though I have finished my old tenures with A.M.C at various posts, I still express my desire to work for AMC as a part of any team.

Once again I express my gratitude and love to this wonderful organization and wishing all the best to the association for the years to come by.

Long Live A.M.C!
JAI HIND





DR. SHIVBHAGWAN N. AGRAWAL

GYNAECOLOGIST AND OBSTETRICIAN

SECRETARY, 1994 - 1996

PRESIDENT, 2000 - 2001

DR. S.N. AGARWAL
M.S.(Obst & Gyn.)

DR. LILA S. AGARWAL
M.B.B.S.



Agarwal Nursing Home

EXPERIENCES THAT YOU CAN TRUST

SHIVBHAGWAN N AGARWAL

PAST PRESIDENT AMC

Hepls in Membership drive more than 2000, New Member (Added, no. of Member two figure to four figures)

Picnic at Virar, Panvel Goral & Vasal concept of Picnic Started AMC.

Remain in cabinate more than 30 yrs.

Highest fund collection for our Primises.

Blood donation camp done more than people 10000 attended

School health check up more that student 1 Lack attended

Nurses training programme more than 1 Lack attebbed

Adolence School children training more that 10000 attended

Blanket distribution, Hepling to junior Artist

Helping to Conducted Family planning operation

Extended Amc from Dahisar to Dahanu road, Panvel to Dombivali.

Lead in International Tour.

Started Inform Member about Sad demise of our Member.





DR. SHRIKANT M. BADWE

UROLOGIST/ ANDROLOGIST

SECRETARY, 1997 - 1998

PRESIDENT, 2001- 2002

At the outset- My heartfelt Congratulation to this Unique, Prestigious, One & Only One Organisation AMC For its Golden Jubilee year

My Journey with AMC had been one of the most memorable parts of my life & Career. I was Hon Secretary of this August organization in the year 1997 & later took over the prestigious presidentship in the year 2001. I had the privilege of being Managing Trustee in 2016-2017 with Dr. Veena Pandit as President

AMC has shaped me & has immensely contributed to me positively. Today we have AMC- India affiliate units from all over India headed by our beloved Dr. Lalit Kapoor, which was founded in the year 2017, In my Presidentship in the year 2001, we started this concept & idea, for the first time. We had Inaugurated AMC unit in Nashik and Dhulia. In fact, we used to send our mouthpiece Grasp to our members of AMC in Nashik & Dhulia. We had a number of visits to both these cities with Dr. Kapoor Sir, Dr. Mahendra Sheth Sir, Dr. Anil Suchak & many of us. In a lighter vein, we used to call this AMC. That was the time when Shri Lal Krishna Advani's famous had become the talk of the nation

In Dr. Veena Pandit's Presidentship & My Managing Trusteeship in our AMCON, We had revered Late Sindhutai Sakpal, as Chief Guest & Late Shri Manohar Parikar then Defence Minister of India & Mr. Nasiruddin Shah as Guest of honor.

Today AMC has become an ICONIC Singular organization the Largest Multispeciality organization of consultants of this country. AMC's Flagship activity- Medico-Legal Cell- has attracted attention & appreciation across the country by consultants. Our Model of Medico-Legal Cell & functioning specially Indemnity Insurance Policy nuances, has fascinated & has been studied by various specialty organization & Dr. Kapoor Sir has been busy as an adviser to them.

One of the unique schemes AMC has- A social security Scheme called the Consultants Benevolent Scheme. I head the CBS as Chairman of the Cell & we have Dr. Bipin Shah & Dr. P N Rao as advisers for the scheme. It immensely pains us to see the Sub-optimal, dismal response of the members to join this unique scheme, we have an excellent track record for the last 18 years from the year 2004 of its launch, we have helped more than 100 consultants till now.

Now the Baton is in the hands of enthusiastic, bubbling. The energetic young generation. I have no doubts; rather, I am confident that they will take AMC to greater heights & glory. I would say, the future of AMC is not bright but Dazzling.

I conclude quoting words of Legendary revered Saint Dyaneshwar Says in his The small Jasmine Sailing that I had Planted at doorstep has reached the skies in due course of time.





DR. KETAN P. PARIKH

PAEDIATRIC SURGEON

PRESIDENT, 2002 - 2003

My congratulations to all of you for belonging to one of the premier and unique medical associations in the country. My congratulations to all of us also for achieving this landmark of having reached the 50 years of its purposeful and productive existence.

I am sure a lot must have been written about our achievements as an august body in the accompanying pages so I will hopefully avoid repetitions.

My journey in the association started in the year 1988 (just about 2 years after starting my practice as a ped surgeon) and the association also was very new and small. I had the great fortune of continuously enjoying the support of a large majority of members from then till 2008 when I voluntarily decided to retire for encouraging fresher thoughts in the association. These uninterrupted 21 years as a managing committee member have formed a very important part of my life because as most of my colleagues during this period will vouch, I was rarely dormant in my involvement during this period. I had the fortune of holding various important posts during his period but today when I look back, one of my most enjoyable stint was as 'Editor Grasp'. I was also fortunate to have spearheaded the association for ushering healthcare reforms at various levels during this period. During these 21 years, I have had the fortune of interacting with many of you and have continuously learnt from each such experience even if very short. I however would like to enumerate some of these learnings which have significantly contributed to my life.

I had the good fortune of being groomed by many august seniors would like to enumerate some of these qualities which have made a significant impact in my life.

·late Dr. Mahendra Sheth whose capabilities to regularly think of newer ideas for the benefit of medical consultants was very inspiring;

Dr. Prabhakar N Rao whose systematic analysing capacity sprinkled with a just dose of humour could enable us to steer out from many uncomfortable situations;

Dr. Lalit Kapoor – the omnipresent 'pitamah' whose steadfast commitment to the cause of medicolegal empowerment of the consultants can have very few parallels and his capacity to study each problem in depth is his USP.



Dr. Bipin Shah whose sincerity to the financial stability and capability of the organization has been vital in reaching us to our present financial comforts.

Dr. Anil Suchak for his indomitable energy & Dr. S N Agrawal (a 'wall') which has weathered the idiosyncracies of many of us.

I also cannot ignore or discount the learning experiences from many of my colleagues in this journey but noteworthy amongst them would be: Dr. Anand Parihar, Dr. Suresh Rao, Dr. Nikhil Datar, Dr. Arshad Ghulam, Dr. G M Bhatia and many others. During these 21 years and later, I have also enjoyed and cherished the friendship and interactions with the Badwe couple, the Pandit couple, Dr. Walawalkar, Dr. Rohit Agrawal and numerous other friends.

I am aware of and laud the tremendous efforts being put in by various other leaders of this organization in the past 2 decades. I have personally been associated with some of them esp Dr. Sujata, Dr. Kishore Adyanthaya, Dr. Niranjan, Dr. Sangita and Dr. Baid after my retirement and wish that the association emerges as a great 'karmabhoomi' for grooming many more leaders in the medical profession.

I have always felt that an organization of such a great size and strength can uphold its premier position only if we fulfill a social purpose of steering our members to a stronger healthcare system besides functioning as a rallying force for the medical community.

I thank DR. Sushmita for this opportunity of sharing my thoughts and sincerely wish the incoming president dr. Nilima a great year ahead for the benefit of consultant welfare and healthcare perestroika.

Dr. Ketan Parikh
Past President AMC
Pediatric Surgeon, Founder: PyraMed Telemedicine





DR. GOPE M. BHATIA

ORTHOPAEDIC SURGEON

SECRETARY, 2002 - 2003

HEALTHCARE IN INDIA –WHERE DO WE STAND?

India has over 1500 medical colleges (600 for allopathic stream alone). That is fivetimes the no. of medical colleges in the US & the EU combined considering their combined GDP is 15 times that of India. This is a recipe for disaster because an enormous amount of money is spent on such high cost white elephants leaving very little funds for schools, PHCs, sanitation, potable water & transport for the rural population - the non vocal lesser mortals. Like engineering colleges many of them would soon reach saturation point, eventually find few students & drag on like diseased white elephants. As per Report of 15th Finance Commission 2021, every allopathic doctor in India caters to 1,511 people as opposed to the WHO norm of 1:1,000. That is not bad considering that rural areas are under served while urban areas over served. There is need to correct this imbalance which has caused hyper competition induced malpractices in the cities and diseases in rural areas. This imbalance can be corrected only when it is clearly understood that Rural & Urban healthcare are fundamentally different.

Rural healthcare is not financially viable for a private doctor & is considered the solemn responsibility of the State. Medical staff in rural PHCs can be attracted only if they are given acareer profile which helps them to progressively move from villages to cities overtime in tandem with their growing family responsibilities like children's education etc. Moreover, the training & caliber of rural PHC doctors has to be much higher than their city based MBBS counterparts as they do not have luxury of easy referral access to the specialists. Hospitals, on the other hand, constitute integral part of Urban Healthcare & are mainly of 4 types : Public hospitals, Nursing Homes, Trust Hospitals & Corporate hospitals. They have vital complementary functions.

Nursing Homes are easily approachable friendly neighborhood entities, Public hospitals provide free services, Trust Hospitals subsidized services & Corporate hospitals advanced tertiary care. Functioning of all PHCs & service potential of all types of hospitals must be fully utilized before adding more money guzzling medical colleges & throwing substandard stuff into the system.



Trust hospitals must treat a percentage of poor patients as per the trust act which apart from social responsibility, also improves training & caliber of the medical staff. No private medical college must function without incorporating hospitals with supervised & certified treatment of indigent patients just like the Medicaid & Medicare requirement in the US. Corporate Hospitals have important role as they provide rapid induction of advanced medical technology & equipment keeping nation at par with the best in the world & can become good centers for sub-specialty courses.

Constitution framers of India have been very wise in giving it a unitary basic structure with cooperative & competitive federal features. Provision of Healthcare is a State subject which ensures states to accredit their hospitals as per their economic standards, Medical Education & Research is Concurrent List subject which ensures nationwide uniform standards of teaching hospitals. Medical education must have identical standards throughout India as Constitution confers Fundamental Right to doctors (citizens) to settle & practice their profession anywhere in the country. Medical Insurance is exclusively in the Central List which because of its nationwide portability brings insurance hospitals under identical nationwide uniform standards motivating the state accredited hospitals to strive for Insurance standards. For obvious reasons Epidemic Control is in the Concurrent List as epidemics jump state boundaries & Pandemic control in Central List because of global commitments. Implementation of Central directives in Concurrent List subjects is obligatory for all unlike their recommendatory nature in the US & UK federal system. The Columbia University estimated 83% of Covid-19 deaths in the US could have been avoided if the lock down had been done 2 weeks earlier & uniformly implemented by all states while the Ferguson Report said the US saved 2.2 million lives & UK 0.5 million lives despite delayed lock-down & erratic implementation. Interpolating this, India with 4 times larger population as the US & with hyper dense cities easily saved at least 10 million lives largely due to timely & obligatory guidelines. That is the majesty of Indian Constitution.

The primary function of all hospitals including teaching hospitals is care & management of patients : teaching, learning, training, thesis, research etc are all secondary functions & under no circumstances these functions must compromise the primary function. The Residency Service Cum Training Programme in Central Institutions was evolved on this principle recognizing that Resident Doctors provide “sub specialized” services by providing 1st line of specialized services to the patients referred by dispensary doctors. In line with this fact, Pay Scales of Resident Doctors were fixed at Scales 15 to 17 of Central Pay Commission with benefits of auto revision eliminating frequent agitations. Introduction of legally mandated 48 service hrs per week (work hrs outside the teaching lectures) formed the basis of calculating strength of Resident Doctors rather than the no. of beds . It not only improved patient services by eliminating over-worked & tired Resident doctors but increased number of teaching staff as their strength depends on the number of PG Residents. There has been well established perception that since no body can be Master of Surgery or Doctor of Medicine, hence MS & MD is given rather than taken. This belief makes many PG residents serve benefits of the teachers at the cost of service to the patients. That acquisition of PG degree be treated as incidence & completion of full residency as criteria for becoming specialist akin to “board eligible” & “board certified” system of the US needs to be accepted in India too as a failed PG Resident can still work better as specialist rather than as GP.



If India is to become a truly healthy & prosperous nation than services of both the urban hospitals & PHCS, which are grossly under performing at present, need to be jacked up to utilize their full potential rather than creating more medical colleges & throwing medical graduates to fend for themselves. The newly constituted National Medical Commission eliminating MCI & National Board is the right step. Residency Service cum training programme must be uniformly incorporated in all teaching institution including those hitherto providing DNB courses enforcing certified accreditation of all facilities & requirements of teaching hospitals.

Bridge-Course to allow Ayush doctors to practice modern medicine has been rightly dropped in the new NMC Bill as well as Licentiate Examination (to ensure uniform standards) after MBBS for practice. Instead, MCQ type final yr. theory papers will be conducted by NMC which will decide theory paper pass marks for final MBBS which will ensure uniform standards & will also determine merit list for PG seats for all the medical colleges including AIIMS. Practical exam for final MBBS will be conducted by universities as before & would require minimum pass-marks in practicals too. That would free interns to do their internship (rotating residency) efficiently getting much needed practical training after MBBS without worrying to prepare for PG entrance test. Bridge-course is proposed to be provided only to Middle Level Health workers for the sub centres working under the PHC. India, a country of 1.3 Bn people having world's 5th largest economy & aspiring to achieve \$5Tn GDP must have a healthcare delivery system consistent with its global standing.





DR. BIPIN M. PANDIT

GYNAECOLOGIST AND OBSTETRICIAN

SECRETARY, 1998-2000-

PRESIDENT, 2003- 04, 2006 - 07

The mission of the AMC and the vision of Dr Prabhakar Rao, & Dr Kapoor who was President at that time for two consecutive years, inspired me to join the committee. The work done with such sincerity by all the Office Bearers was very encouraging for all committee members to offer and develop their skills in various areas. Those were the years when the Consumer Protection Act was new and had struck terror in the hearts of all of us. AMC was guiding all our members to avoid pitfalls. I held various posts in the committee and was Honorary Secretary in 1998-99 & 1999-2000, two terms, when Dr Prabhakar Rao and Dr Bipin Shah were Presidents. The first AMCON was organised in Dr Bipin Shah's Presidential tenure when I was Hon Secretary.

Dr Prabhakar Rao, Dr Bipin Shah and I worked together to start the Consultant's Benevolent Scheme. The Silver Jubilee function of our esteemed Association was held at St Theresa's ground and I enjoyed organising it as Convenor. 2003 and again 2006 were two terms when I had an opportunity to serve AMC as the President. Both the years were memorable for the high attendance at all the programs.

At that time, around 20 train commuters on our local railway of Mumbai were accident victims daily and mortality was almost 50%. The Railway Accident victims petition was filed and we were successful in getting some killer poles along the tracks removed. Arrangements were made for patient stretchers or trolleys at each major railway station with installation of MI room. The movement to improve the fate of railway accident victims started.

In July 2006, Mumbai train bomb blasts took place. HSBC lost one of their employees in this blast and gave Rs 24 lakhs to AMC to conduct First Responder Courses all over Mumbai. We conducted 116 First Responder Workshops in one year!

With the help of the editorial board including Dr Veena Pandit, Dr Sujata Rao & Dr Arshad Gulam I could bring out a book "DOCUSMART" on ideal Documentation which became very popular. Through AMC platform, I was elected as Maharashtra Medical Council member and could be of service to our members.

Later on I joined the Trust Board, was Managing Trustee and now am a Zonal Director.

AMC is in every cell of my being and I will continue to work for my association in any capacity as is required. I wish AMC all the success in the coming years.





DR. SABH SINGH KHAMBAY

ORAL MAXILLOFACIAL SURGEON

SECRETARY, 2004 - 2005

Ever since 1972, when handful of likeminded die- heart consultants planted sapling of the association which has now grown and spread like a banyan tree in all directions from its point of seedling.

AMC is a dynamic organization where their urge to grow has never dampened their burning desire to expand inspite of many odds on the way. From a small body of handful people it has now spread its wings across PAN INDIA with having affiliate bodies in various states which would soon bloom into PAN INDIA organization.

When the association was formed the criteria to be a member of the association was one has to be basic graduation and post graduate qualification since the membership was only post graduates.

Yours truly being from the field of dentistry and having post graduate degree in facio maxillary surgery was ineligible for becoming member of the association with the existing rules. Peers of the association in their wisdom got the constitution amended wherein dental post graduate in facial maxill surgery were accepted. Mine has been wonderful journey in the association spreading across more than three decades had the opportunity to serve in various capacities such as being area representatives, secretary, vice president, managing trustee.

Association being a professional organization where the motto has been SERVICE BEFORE SELF, has expanded its activities beyond scientific conferences and involved various cultural, social activities.

The various cells of the association are self-explanatory. Blood donation drive on doctors' day is a unique activity where doctors themselves donate blood for the patients.

Association has conducted various health camps across the state as well as far of places in the state of UTTARKHAND, RISHIKESH, HARIDAWAR, BADRINATH AND HEMKUNT SAHIB.

Wishing AMC all the very best for the coming future & for Golden Jubilee Celebration.
Dr Sabh Singh Khambay





DR. SURESH S. RAO

GENERAL SURGEON

SECRETARY, 2003 - 2004

PRESIDENT, 2005- 2006

It gives me great joy to know that this year, AMC is celebrating its Golden Jubilee Year. An Organisation in which I have been actively involved for the last 30 years and which has given me lots and lots of opportunity to serve the medical fraternity and society at large. It has taught me leadership skills, and good exposure to learn from our seniors and fellow colleagues. To top it all, it has given me tremendous recognition in the medical fraternity. To be very honest I could not have asked for anything better from AMC and I would say it has made my life beautiful and well lived!

I have been a life member of AMC since 1986. I took active interest in AMC activities since 1995 and became a member of the managing committee from April 1999 and participated actively as a member of Health and Accident cell. I was joint secretary for two years from 2001 to 2003 and became honorary secretary in 2003-2004 under the presidency of Dr Sudha Sheth. I was elected as president of AMC in 2005-2006.

I was promoted as chairman of the health and accident cell from 2006 till 2015 a decade of active involvement. During this period AMC annual premium collection went up from 80 lakhs to 10 crores. Claim ratio was maintained below 90% which was an unheard of record in any group health insurance policy for such a long period. We gradually made it like social security policy by giving huge discount of 30% to senior citizens above 70 years. Now I am involved with AMC as a advisor to AMC health and accidents cell and we have successfully raised the sum insured from 5 lakhs to 15 lakhs gradually and premium rate is competitive across all age groups.

My year as a president of was a dream comes true for me. Every member of the association was informed about the full year's events including all the dates, venue etc on the first day of my presidency. Highlights of my years achievements are:

- Popularized AMC as Association with mission and commitment.
- Promoted doctors days celebration amongst doctors in the society at large.
- Started blood donation drive on doctor's day by doctors and it is still continued by AMC.
- Instituted lifetime achievement award for AMC to recognise the good work done by doctors towards doctor fraternity and Society at large.
- Conducted a foreign tour of Egypt for members conducted an annual conference of AMC with more than 1100 delegates.



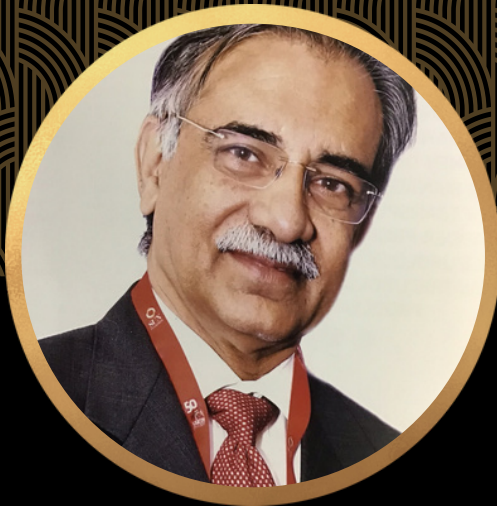
My suggestion to next generation of AMC members is if you work hard as an ordinary member with commitment and dedication you will one day reach the top as a President automatically. There is no need to do any unethical activities and become over ambitious. Good work will always be noted and recognised. Never leave the association immediately after your presidentship, you have got so much recognition because of AMC. It is now your turn to show gratitude to the association and society at large by doing some service at AMC so that others will be benefited and definitely you will become the role model to other.

Dear AMC members I have learnt a lot from AMC. I take this opportunity to thank all my seniors who have nurtured and groom me to become what I am today. Always learn to uphold ethos of medical profession. For what you got from AMC always remember is your moral duty to give back to AMC.

Once again I would like to congratulate AMC on achieving its milestone golden jubilee and achieve much more accolades in the years to come

I conclude by saying long live AMC - An Association with mission and commitment.





DR. UMESH OZA

UROLOGIST

SECRETARY, 2005 - 2006

PRESIDENT, 2007 - 2008

Dear Friends,

It is so heartening to know that the Association of Medical Consultants is celebrating its Golden Jubilee year. I feel privileged to be part of this unique organisation. I started my journey as an honorary member of this organisation. Every year was a learning and a humbling experience. What is so unique about AMC? It gave me an opportunity to meet consultants and intellectuals from various specialities. I could meet many of my friends during various programs which was not possible after my joining Urology. This was a great common platform. The topics addressed and discussed were very much different from pure academics but more important for survival in medical practice. Unfortunately these topics were never a part of medical curriculum. The visionaries of AMC took up this challenge to empower our community. The Seminars and debates were conducted not on pure medical topics but on topics so important for medical community like Medico legal awareness , Problems of TPA, Communication skills, Blood Donation drive, Organ awareness Program, Nursing home issues, Health insurance , mediclaim policies, Noise pollution, Media interaction, First responders training program, Nurses and health worker's training classes, Role of computers in Healthcare sector, the list is unending. AMCON has become a benchmark for organising a program of intellectuals and achievers from various walks of life for every President and team AMC. Every President has contributed differently but positively for the growth of AMC. Over the years support and affection of my well wishers gave me an opportunity to be part of the managing committee for years in different positions and ultimately allowed me to serve this esteem association as a President and Managing Trustee. Every position has been an opportunity for me to learn new skills in human resource management. It gave me an opportunity to interact with our members across the city and other parts of Maharashtra. Interacting with people in corridors of power to further the cause of medical community, be it Governor at Rajbhavan, Chief Minister in Mantralay, Municipal Commissioner at BMC office , Police Commissioner , Political leaders in their offices or Legal luminaries in their chambers was always a unique opportunity and experience. I am happy to say that all these interactions helped us in making them understand our issues and patient's issues and resolve many of them positively. I am thankful to AMC for giving me an opportunity to travel on a path which I never knew during my medical college days. It is a great organisation with unlimited opportunities for people who want to work for the welfare of our fraternity and well being of our patients. The New generation of leadership will have to take up different challenges to persuade this goal. Long live AMC.

Dr Umesh Oza





DR. ANAND L. PARIHAR

RADIOLOGIST

SECRETARY, 2006 - 2007

PRESIDENT, 2008 - 2009

Enclosed is a short note about my time in the Association of Medical Consultants.

I joined the AMC Managing Committee practically by default , when my name was put up as a committee member during the year 2002 -03 and finished in the year 2009 - 10 as the immediate Past President .

My journey was a tremendous learning experience , because before that I had never worked with a group of qualified post graduate doctors , in an NGO format. One of my biggest learnings in AMC was how to build a consensus and take everyone together , for the benefit of the organisation .

Nothing of what I did would have been possible without the support of all my colleagues in AMC.

Some of things that I consider as my achievements are :

Agitation for the Ordinance on violence against doctors In the begining of my year as President there was an unfortunate attack on a consultant , and that was shown on all TV channels . The visuals were horrifying and we immediately decided to take action. Using all the resources at our command we managed to do something that we had no done before i.e coordinate with the IMA, liaison with all political parties , and create favourable public opinion. This activity continued throughout my year as President and towards the end we were able to get the ordinance passed.

The reason why it was specially satisfying was because we had managed to do something which very few professional bodies had - medical, journalists or lawyers..and all of them had been trying to do that for years



MMC ELECTIONS WITH IMA

Our coordination with the IMA for the fight for the ordinance allowed us to fight for the MMC elections along with IMA and we were able to have 2 of our representatives in the MMC .

SOWING THE SEEDS OF THE NATIONAL AMC

During the agitation for the ordinance , the authorities always considered us as a local Mumbai based organisation , and my secretary Rajeev and I realised that our relevance would be very limited if we continued to be identified as such. With that in mind we proposed and fought (within our organisation) for the establishment of an all India AMC, the seeds of which were sown during my Presidential year

RATIONALISING THE TERMS OF TRUSTEES /CHAIRMEN / ZONAL DIRECTORS

A lot of us believed that AMC was top heavy with more and more unelected members, and seniors moving from one post to another . While the advisory role of the seniors could not be denied, there was a growing feeling of lack of new faces at the top. Hence there was a need to create tenures for all the senior positions and we managed to create that to some extent

FIRST RESPONDER WORK SHOPS

During the presidency of Dr Bipin Pandit , when I was secretary , the train blasts occurred and TV visuals showed how people were transporting the injured, in good faith , but very dangerously. We decided to start first responder work shops wherein we trained police personnel, college students , corporates, school children, housewives etc in basic first aid and CPR. A large number of these workshops were held and were an immensely satisfying part of my AMC journey.

INDEPENDENCE FROM PHARMA SPONSORSHIPS FOR OUR EVENTS

I was made program committee chairman during Ketans Presidential year and since I had no access to pharma companies earlier , I looked for 2 large sponsors , leveraging our membership strength. The year was a success and since then we have continued to leverage our membership strength , to get donations / sponsors for our social activities

I would like to reiterate that I am extremely grateful for the love and affection shown to me by all my colleagues, and committee members, during my journey in the Association of Medical Consultants

Regards,
Dr Anand Parihar MD, DMRD





DR. SUHAS S. KATE

ORTHOPAEDIC SURGEON

PRESIDENT, 2009- 2010

AMC has had a glorious past, a splendid present, and hopefully a brilliant future.

The Office Bearers & individual managing committee members have always strived hard to improve the quality of life of AMC members in possibly every sphere.

AMC is known as Association with mission and commitment. Hope it persists without any change in the definition of the words. I wish AMC the best for the future.





DR. NIRANJANA D. AGARWAL

GENERAL SURGEON

SECRETARY, 2007 - 2008

PRESIDENT, 2011- 2012

At the very outset I would like to congratulate and extend my bestest wishes to all the members of the Association of Medical Consultants Mumbai on its golden year celebration. It is indeed a remarkable achievement especially because AMC has not only aged in years but grown in large nos and at the same time kept upto the expectations of its members. There is no exaggeration when we say that for those medical consultant who start their practice in mumbai takes mmc registration and amc membership alike. Needless to say we do not have to conduct any special membership drives and AMC's work attract them all. Even non consultant such as family physicians or any hospital owner faces an issue especially medicolegal they look towards amc for resolving it. Association with a mission and commitment is not merely a slogan for us but a way of life in the association.

When I first joined the managing committee of the association more than 2 decades ago i was very fresh in medical practice and myself did not understand many nuances of running a private practice. During the initial two years, the deliberations in the mc were nothing less than any parliamentary debate. I was highly impressed by the indepth knowledge of some of the seniors and their way of looking at the issues at hand. Meri soch jahan katam hoti unki chalu vahan se hoti . I therefore say that AMC for me has been my school of learning lateral aspects of medical practice as also management of association/ organizations/ trusts and handling issues with larger interest of the majority in mind . The classroom of MC meeting and preparations for same made us near perfect in agendas, minutes, constitutional matters, rules, regulations and their different interpretations by some.



AMC brought me in contact of thousands of people whom i would have never met or interacted. This list includes celebrities like Amitabh Bhachan, Hema Malini , Narayan Moorty, Deepak Parikh, Pravin Togadia, Gulzar saab, Sushmita Sen and Kiran Bedi to name a few. I could meet multiple ministers including Chief ministers, Home minister, Health minister, Medical Education ministers and many important bureaucrats including the Municipal Commisioners as well as many legal luminaries, social workers and news reporters to discuss matters pertaining to the problems faced by our fraternity . The biggest feast was obviously interacting with so many members of our association across the town and thereafter outside Mumbai when i was able to establish AMC outside Maharashtra in Mangalore Bangalore and other places during my presidency. Infact my friends in the Association of Surgeons of India took clue from our work and started their benoalent and indemnity schemes. I feel happy to be instrumental in starting FAMCI and the Affiliate unit cell as well as the NoaH cell.

Working for an association with such highly intellectual members can never have been a cake walk and we did our shares of tumultuous times but collectively we did tide over all the crisis .

I feel myself blessed to be part of this association not only as a member but i also enjoy the rare feat of being its youngest president as well as the youngest managing trustee till date.

I love AMC. Long Live AMC.

DR NIRANJAN AGARWAL
TRUSTEE and PAST PRESIDENT





DR. AJAY R. HARIANI

PLASTIC SURGEON/ COSMETIC SURGEON

SECRETARY, 2009 - 2010

PRESIDENT, 2012 - 2013

The original function of any medical association is of connecting colleagues for exchanging knowledge and creating a platform for discussions, through all means of communication – newsletters, websites, e-mails, conferences.

Association of Medical Consultants, Mumbai, undertook the causes of medical professionals by advocating for their rights and interests, assisting doctors in protecting the interests of their patients or helping settle their disputes.

Now AMC has widened its wings and now is recognised all over India. Going forward, there will be more and more effort on the part of the AMC.

In pursuing how to get the most effective solutions in the hands of consultants and patients – with the expectation that we can improve patient care and patient satisfaction.

A Association with
M Mission and
C Commitment

I will put it as,
A Aavo
M Milke
C Chale

Long Live AMC



DR. KISHORE ADYANTHAYA

PAEDIATRIC SURGEON

SECRETARY, 2011 - 2012

PRESIDENT, 2012 - 2013

Truly an association with Mission and Commitment. Proud to be a member of this organization. Consultants of Mumbai is lucky to rely on somebody in the time of difficulty. My wish is to spread this advantage to all the consultants in the country and join hands with Dr Kapoor in fulfilling his dream.





DR. SUJATA R. RAO

ENT SURGEON

PRESIDENT, 2013- 2014

My first introduction to AMC was through "The Grasp" which adorned the magazine table of a senior Consultant's clinic waiting area. The magazine conveyed the fiery passion & determination of a few committed Doctors to create a positive impact on a doctor's career as well as revive the lost glory of the medical profession in the society. It made an exhilarating read indeed. Fate led me to the hub of AMC - Andheri and then into the Managing Committee. It was an illuminating experience to witness the healthy deliberations & debates to arrive at the best plan to solve an issue. This was nothing less than a management tutorial in action! No wonder AMC boasted of a number of luminous leaders! I consider it a stroke of destiny that I was able to shoulder the responsibilities of Grasp Editor, Office bearer and subsequently President's post. Throughout the years, what has remained constant is that a President is always assisted by seniors and colleagues to complete their dream projects as well as leave their mark in the illustrious history of an organisation which has burgeoned and has no signs of stopping its march ever. Each year, a new President brings their brand new dreams, plans and projects and the winner is AMC!

I wish the choicest blessings of God on this magnificent Association of Medical Consultants to flourish, to continue being the voice of reason in healthcare matters and achieve many more milestones.

Heartiest Congratulations to the AMC family!!!





DR. SANGEETA H. PIKALE
GYNAECOLOGIST AND OBSTETRICIAN
PRESIDENT, 2014 - 2015

The Association of Medical Consultants managing committee was a significant part of my life for over 10 to 12 years . I was a Practicing OBGYN with a large Nursing home and diagnostic centre doing very busy practice . But large scale “babudom” , licence raj , violence against doctors , newer laws imposed on nursing homes throttling their good services and large scale corruption all affected me . My short stint in UK and USA for training had given me an exposure to a different work culture , and by our standards a better work atmosphere , and I had this belief , that we can help each other as doctors , so I joined AMC , which I then knew as a good organisation for the overall support of doctors.

I remember I won my 1st election by the highest number of votes. Standing for elections was a daunting task , facing public scrutiny and strong opposition was the key learnings in the 1st 2 years itself . Those 2 years helped me tremendously as the journey beyond was fairly challenging , my attitude of sticking to my principles brought in many tumultuous times , which I rode successfully .

One of my earlier resolves was the creation of Conglomeration of small and medium healthcare providers, this was also my election pitch for my joint secretary post , and with efforts it eventually was fulfilled in the creation of NOAH (Network of AMC Hospitals) in my Joint Secretary year , which was then instrumental in resolving many nursing home issues .

The year 2008/9 my son was in the 10th and I did not contest , but my commitment to AMC was not reduced even an iota ,I witnessed a Goregaon doctors video where his face was blackened and he was beaten by an irate crowd. I was perturbed , I wrote a mail with the attached video to the then chief editor Times of India and the Advocate General of Maharashtra Ravi Kadam, I spoke boldly against this violence and a huge article was printed in TOI which then caused threat to me as my name and my whereabouts were printed pitted against the powerful leader whose followers had beaten the doctor . The TOI editor then through the police offered 8 days 24 hours vigil to me and my nursing home with a van placed at my door . Elections were round the corner and that got me noticed . I quickly got almost an invite when I spoke to the PA of the then powerful Congressman Shri Krupa Shankar , some of our seniors of AMC refused to “politicize” the issue , but I knew my goal , make an Act , that will protect doctors .



Dr Anand Parihar , Dr Shivkumar Utture and me met him , he took us in his car to Mantralaya , ...where of course our AMC leaders joined us as we were to get to meet the CM Vilasrao Deshmukh .The meeting was good and resulted in almost all parties wanting to meet us . We met Shri R.R Patil , Shri Chagan Bhujbal , Smt Supriya Sule , Shri Uddhav Thackeray and Shri Raj Thackeray too over the next few days .

Dr Anand and me met Advocate General Ravi Kadam who also happened to be related to me and he then assisted in drafting one of India's most strong Act to protect doctors against Violence , where he made even a threat to doctors life as cognizable.Very soon the entire organisation of IMA , AMC etc took out a morcha and we were successful in promulgating the Maharashtra Medicare Act for protection of doctors and institutes against violence

One of the other issues I got actively involved was when My old kaka who was insured and who had many difficulties getting his medical insurance cleared by the company , all the running after your own money after being sick and incurring costs ... stirred my soul . I realised there were thousands like him .I also then realised that the so called Cashless service only turned the hospitals and nursing homes accept the role of my kaka and run after insurance companies for reimbursement . Insurance companies and TPAs would make their money but were very not answerable .

So I wrote a mail to all my activist friends , reporters and also many AMC team and seniors , that's when Gaurang responded .

We had a meetings with many friends who responded , we usually met in my nursing home and we realised that we needed healthcare Insurance regulations. My ideation and support ,and a successful implementation of a litigation by my friend Gaurang Damani (versus Union of India and IRDA) we achieved something very big.

We stood in court many times in front of Hon Chief Justice Shri Mohit Shah. India got its 1st ever Healthcare Insurance Regulations , and the insurer and the system got its taste of answerability .

AMC gave me both a taste of being able to take to completion the larger good issues which as a single person , I could envision , but could not garner necessary impetus. It taught me courage , as a woman with confidence and badaas I had my fair amount of detractors within the committee .But the overall members always showered me with faith and love and got me elected for whatever post I stood for . My work allowed me that privilege for which I shall always be grateful for that extraordinary ordinary member.

My journey always made me want to support the out of ordinary difficulties , my thoughts on Abortion is that it should be freely available , and that it should be the woman's choice . To me it should protect the woman ,No matter what , because in the world I see, she does not have the right to choose her life freely .



A doctor from Mira road once called me and referred his sister who was carrying a 22 weeks anencephaly pregnancy and was declined abortion . He had great faith I could help her . I took Nikhil Datar's advice and filed a case in Supreme Court through HRLN which was the organisation which supported these cases throughout. We won the case and she was one of the earliest who was permitted to abort beyond 20 weeks . With many more such cases eventually the MTP Act was amended and women are now permitted the increase of gestational age for abortion .

AMC gave me a large perspective of life , a platform to be able to do good , and my experience with running my own Nursing home , along with assisting others needing assistance honed many a skill in me. I participated in National bodies like NatHealth sharing stage with the likes Dr Sangeetha Reddy , got to represent at Confederation of Industries of India , and my small Mumbai existence turned into a National experience .

I got great opportunities at each event I assisted in organising, be it the talk of Narayan Murthy where I introduced him , or the interview cutting chai with Raju Hirani , be it hosting stalwarts like Rakesh Jhunjhunwala , or Ace Photographer Atul Kasbekar . Having a Shaina Nc on stage for talks or hosting debates with Chunky Pandey and Prince Manvendra Singh Gohil .

Releasing India's 1st Collated directory of entire Organ Donation resources called NABHA by Cricketeer Sanjay Manjrekar and Actress Tabu was one such satisfying moment in my journey of AMC.

It paved way for me to meet and interact with policy makers and IAS officers and later was part of the State Supervisory PCPNDT committee due to many such brainstorming sessions where I could display my learnings from the large AMC platform .

Our Nurse training programmes conducted at my Pikale Nursing home got me experience to conduct Nurses training courses at Bombay Hospital and other platforms for AMC and allowed me to learn skilling in a very different manner , this further paved my path to design my flagship ENABLE (enhancing nurse ability and leadership) nurses training which we created for OT and ICU with the Johnson and Johnson Company . We could also publish a comprehensive infection control booklet in my year as President in my title " Infection Control Do it right and Chill "

These skilling experiences later enabled me to assist HSSC (Healthcare sector skill council) in their curriculum creation and paved my way to be appointed as Director HSSC Maharashtra .

The further journey in skill creation allowed me another great opportunity to be appointed on the Advisory Board of TISS (Tata Institute of Social Sciences) All these opportunities gave me extensive experience both in the skill sector but also an amazing journey with a very close experience in human resources recruitment , training , up skilling , retention, etc.



One of the very interesting and satisfying experiences was my programme “mentorship of the upcoming consultants” a flagship programme which covered over 1200 residents and young graduates who got some real life interaction with leaders from sports field , business background, family practitioners and also our own very successful consultants who have made land mark contribution to the entire definition of success .

My series of “ Do it right and Chill” investment advisory and “white is beautiful” concepts along with Financial literacy for doctors and Financial OPD for doctors are successful initiatives I made in 2014 which are still growing by leaps and bounds and each President after me has continued these trainings in a big way .

My Baba Dr S.V. Nadkarni had met with a very serious accident near Panvel and when I was bringing him back home , I was inside the ambulance and experienced 1st hand how callous our vehicular traffic is and how little as a society we care for transportation of the sick . So in my Presidential year I got all traffic NGOs together and all traffic officers , health minister Mr Suresh Shetty and doctors to create awareness “ Give way to ambulance Go to the left and stop “a powerful event which was later emulated by Hindustan times etc . That year we also released a booklet on “Traffic is a health issue” articles contributed by our medical stalwarts on Traffic stress, pollution and health hazards .The then Traffic police Commissioner Shri Upadhyay distributed copies to all their traffic officials .

I have my deep love and regard for the organisation , and would love to see it grow , with young blood , but we need to allow the young blood to flow seamlessly and I definitely think , managing committee members must have retirement criteria , fresh people , fresh energy and fresh ideas need to be infused . Empowering the younger generation is important , eventually they are our supports as we age .

AMC and me could run in volumes , so when Dr Sushmita invited me to write ...it took me a while there is so much more ...

Wishing AMC a wonderful celebration for its golden jubilee and all the Best to all new Leaders. May the organisation grow to be fairer, larger and stronger .





DR. SUDHIR G. NAIK

GYNAECOLOGIST AND OBSTETRICIAN

SECRETARY, 2010 - 2011

PRESIDENT, 2015- 2016

It is with pleasure I write this small note for the souvenir to be released on the occasion of the Golden Jubilee celebrations of the Association of Medical Consultants Mumbai. I joined the Association as a member in the year 2000 and subsequently became a Managing committee member in 2003. Since then I served the Association in various capacities including Treasurer, Hon Secretary, Vice President, Chairman of Infrastructure Cell, Chairman of AMC NOAH, etc. I had the privilege of becoming the President in the year 2015-16. Currently, I am the Chairman of the Medicolegal Cell of AMC.

AMC to me represents an Association with a Mission, each one of the Office Bearers of the association and each and every committee member who came into this Association in the last 50 years has committed himself or herself to sincerely working for the benefit of all its members and hence today membership of the Association is considered as a prerequisite for practicing in Mumbai and its extended suburbs.

On every issue concerning the members of the Association in specific and the entire medical fraternity in general, AMC has been at the forefront to protect members' interests while maintaining ethical standards of the profession. The Association's effort in various Nursing home issues like separate staircase issue, Change of User issue, GIPSA Empanelment issue, Fire NOC & Compliance issue, MPCB Registration issue, etc have been enormous and I am glad to have contributed to those efforts.

As part of the Medicolegal cell as a member and later as the Chairman, I had the pleasure of working with the doyen of the Medicolegal field in Mumbai Dr.Lalit Kapoor sir. The Medicolegal cell was a pioneer in introducing the Professional Indemnity scheme and we have now refined it into a scheme that currently is the best Professional Indemnity scheme in the country. We have currently over 8000 members who are part of the scheme and the numbers are only increasing by the day.

I congratulate the Organizers of the Golden Jubilee celebrations for bringing out this souvenir and hope to be part of the Grand celebrations.





DR. VEENA B. PANDIT

ANAESTHESIOLOGIST

SECRETARY, 2012 - 2013

PRESIDENT, 2016 - 2017

We started practice in 1982. Being new to the area we did not know any of the doctors here. With all the hassles of a new nursing home, and being fresh post graduates, it took us a few years to realise that we need to join associations. At Andheri Medical Association we met many stalwarts of ASSociation of Medical Consultants, attended a few programs of AMC as guests and then became members in 1992.

That was the time when AMC with Dr Lalit Kapoor in the lead, was guiding consultants about the scope of the Consumer Protection Act. One of the first programs that we attended was on this topic. CPA and its judgements still continue to plague us.

Soon Dr Bipin joined the managing committee and I got to see the workings of AMC from up close. The dedication of all our stalwarts was very inspiring.

Those were the “happening” years, years when the Indemnity Policy and formation of a legal cell to help members, the Health and Accident policy and its various benefits to our members was being worked out by our leaders like Dr Lalit Kapoor, Dr Prabhakar Rao and Dr Mahendra Sheth. Then came the Consultants Benevolent Policy with a lot of work put in by Dr P N Rao, Dr Bipin Shah joined by Dr Bipin Pandit. The motivation levels were high, there were many seminars and discussions and though I was not a committee member, but everyone worked like “अपने घर की शादी” all the work going on for the benefit of consultants, developed an interest and a connect in me for AMC. Through the years each President and committee took keen interest and looked after all the non-medical needs of consultants leaving them free to concentrate on their medical practice. Nursing Homes, the required paper work and all rules and regulations and their enforcement by authorities, BMW, fire safety and so many more, all areas is stress for the consultant hospital owners, were taken up by AMC.

Being closely involved in all the projects of AMC, even though only as spouse, made me want to be actively involved so I joined as managing committee member. When Dr Bipin Pandit decided to bring out a publication for AMC on ideal documentation, I worked with the editorial board and learnt the ropes of what goes into such a compilation and its publishing. This inspired me to join The Grasp team.



I had the opportunity to work as Co-Editor GRASP and later as Editor. That year, with great help from Dr Pradeep Baliga, we started including a summary of all medical related news of the past quarter, just in case any of our members had missed it.

I still miss being with The Grasp as I enjoyed the work.

Later, I had the good fortune to work at various posts from Hon Secretary to President. As a Vice President, I shadowed Dr Sudhir Naik very closely and he tolerated me!

It was in AMC that I truly learnt the complete meaning of “Team”.

Working at various projects of AMC and at various posts was a true learning experience and helped me to recognise and to develop my potential.

It is only on becoming President that one learns the meaning of “Uneasy lies the head that wears the crown”. My term started with a program about IT policy and it's implications for us as medicos, and the policy's complexities are still being understood. The high point of the AMCON was the presence of Raksha Mantri Manohar Parrikarji, a little after the surgical strike and of Sindhutai Sapkal who moved all to tears and to open their hearts and purses. NAMCON too was held with none other than Justice Dharmadhikari as Chief Guest.

I have watched AMC grow through the years and go from strength to strength. I was present at the Silver Jubilee Celebration and now it's the Golden Jubilee. I hope that I can contribute more to AMC in the years to come.

Wishing “ALL THE BEST” to the Association with Mission and Commitment.





DR. ASHOK R. SHUKLA

GYNAECOLOGIST

SECRETARY, 2016 - 2017

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DR. SMITA D. SHARMA

ANAESTHESIOLOGIST

SECRETARY, 2012 - 2013

PRESIDENT, 2017- 2018

As I pen down my thoughts on the Golden Jubilee celebration, I feel privileged and blessed to find myself amongst the galaxy of Past Presidents. I still remember when I was a Consultant in early 1990s and I used to attend AMCON and other programs organized by AMC I used to be awestruck by the Team work of the Organizers. I had also heard from colleagues about how AMC has helped out many colleagues in their difficult times with legal issues. This attracted me to enter the Managing Committee in 2007. Since 2010-11 AMC has branched outside Mumbai and in 2016 the Federation of AMCs was formed. AMC is unstoppable in its progress and this is due to the tireless effort of all the Managing Committee members, Office Bearers, Chairman of Cells and Trust Board over the years. I feel grateful to be able to contribute to the workings of AMC. Equally important is the contribution of our members and I acknowledge each one of us for participating in AMC activities. There are several members who are a constant at every function of AMC just the way they would attend family occasions. This is what gives us energy to work for AMC. After completing my tenure as President in 2017-18 I am now focusing my efforts on the work of the Health and Accident Cell.

I look forward to even more unity and solidarity in the medical profession under the guidance of "Association of Medical Consultants" so that we can create a Golden future for our children who wish to become doctors and healthcare at large.





DR. VIVEK DIWEDI

ORTHOPAEDIC SURGEON

SECRETARY, 2017- 2018

I am delighted that AMC is celebrating 2022 as a golden jubilee year.

In the last 50 years AMC has grown leaps and bounds and today it's a robust association of more than 13000 consultants.

AMC is well known all over India for its unique work for the welfare of medical consultants and their achievements and policies are the gold standards in the medical association's field.

My best wishes and congratulations to all members of AMC.

Thanks
Dr. Vivek Dwivedi





DR. VIPIN S. CHECKER

GYNAECOLOGIST AND OBSTETRICIAN

SECRETARY, 2014 - 2015

PRESIDENT, 2018 - 2019

Hi all,

At the outset a big heartwarming 50th year to Association Of Medical Consultants, Mumbai. I am blessed to be a part of AMC, Mumbai since 1998. I am also fortunate to have been groomed by all my Past Presidents in last so many years.

I wish AMC, Mumbai all the best & especially thank President Prof. Dr. Sushmita Bhatnagar & her team for this souvenir.

Unity with all
Building Bridges, Bridging Chasms
Was the
Motto of my year 2018-2019 as President AMC, Mumbai

THE GROUND WORK DONE BY TEAM AMC 2018-2019 with my Secretary, Prof. Dr. Sushmita Bhatnagar & our team:

38 CME credit points from MMC this year
Total MORE THAN 63 programs
MORE THAN 20 connect programs
2 state of art AMC conferences, AMCON & FAMCICON, MLCON, NOAHCON
6 zonal meets mini conferences
40 office bearers meet for day to day functioning of the office
7 MC Meetings
1 special AGM
Activity Year Book 2018-2019
FAQ
Medicolegal Manual for Police second edition COMING SOON
DISTRIBUTION OF PAMPHLET OF VIOLENCE AGAINST DOCTORS
On the social front:
1000 blankets donated to rural area in Dahanu to Adivasis
1303 bottles of blood collected
26 social activities including blood donation drives, Beti Jagruk Programmes, Walkathon, etc



On the Media front:

New revamped secured AMC website www.amcmumbai.com

New online payment gateway

New revamped AMC app

Facebook Campaign for new membership drive started in feb 2019

AMC received an award from Navbharat times as the most socially responsible medical association in health sector

MANIFESTO FOR PATIENTS RIGHTS & RIGHTS OF DOCTORS RELEASED

On the AMC office front:

Online membership office software

All 3 AMC offices renovated with

New color scheme

New LED Lights

New chairs for all office staff

New water cooler

Presidents cabin redefined with PC & WIFI printer

3 new PC for the office staff

2 new WIFI printers

1 new office state of art server (secured back up of AMC data)

Tally multi user software

New Honda Activa to run day to day errands

Staff Piknik

On the AMC membership front:

3384 members reached/ attended the AMC programs

772 plus new life members

On the Travel front:

AMC Overseas Tour to Morocco.

I enjoyed & loved & cherished each moment of my tenure travelling minimum 150 days to office from Bhayander that's 7950km, reaching out to 50 of the 63 programs, 6792 kms making it a total of 14742 kms this year till date. Not counting my Delhi trip to MOH for AMC representation on the Ayushman Bharat Scheme, my trip to Pune, Nashik & Sindhudurg I loved each second of my journey this year as your President.

Before I sign off a couple of points:

We should start introspecting ourselves, in fact self-regulation, this is what the government wants & this is what we need to do & restart & re strategize

Communication & communication is the most important coupled with empathy.

Documentation & documentation is the only defense, no documentation no defense.

Medical jousting a must stop.

Let me remind you that Hospital registration licenses & compliance's need to be met & fulfilled & complied.

Get all your basic licenses including calibration of all your equipment's.

Upgrade your skill, equipment to basic current needs.

Long Live AMC, Mumbai

Yours truly,

Dr. Vipin Checker





DR. MUKESH D. GUPTA

GYNAECOLOGIST AND OBSTETRICIAN

SECRETARY, 2015 - 2016

PRESIDENT, 2019- 2020

On this 50th year celebration of AMC Mumbai, I feel belittled to have probably been one of the only presidents who was born after the inception of the organisation.

During my tenure as one of the youngest presidents, I was ably supported by my seniors and colleagues to achieve some milestones in the history of organisation. Liasoning with Government and regulatory authorities for health advocacy led to the participation of AMC in the media interactions by the Health Minister to announce the first covid lockdown. Standing next to the health secretary and health minister as the President of AMC, representing and answering to the barrage of media Questions on the eve of the First-ever Lockdown due to Pandemic, with the shutdown of Mumbai Local will forever be a defining moment in my life.

In the year 2019-20, AMC SOCH was launched as Stakeholders Outreach Conclave in Health care which involved our core competency in brainstorming with experts on various relevant subjects. This involved deliberations and creation of white papers on issues like — violence in healthcare, health care education, single-window approval of all licensees to run a Health Care Unit, air pollution, IT in Healthcare, etc. These papers were then submitted to the respective Ministry and secretaries/ bureaucrats.

Partnering with the Press Club of India to announce our perspective on various relevant issues and involving various specialty organisations for their social contribution to societies helped in the image building of the Organisation.

It was also a historic first to celebrate Doctors' Day with CA Day in conjunction with the Institute of Chartered Accountants of India. To provide insurance to the Healthcare workers in covid times and supplying protective gear when the supply chain was totally disrupted at the beginning of the Covid Pandemic was another novel step in enhancing service to our members.



My personal journey of learning and satisfaction happened while creating Intellectual property for AMC in the form of annual IT health care-conference in association with TIMSCDR, Financial Conference - FINCON with ICAI and Finnovate, creation of IT policy for AMC, shifting of AMC office to the new premises with corporate standards while functioning without losing core ethos of our service to members and society at large, while taking part in the process of creation of AMC NoAH, AMC media and communication cell, and AMC India, metamorphosis of GRASP from black and white to multi-color to digital versions, creating emergency security services to AMC members and their family members.

It is nothing but pride to be able to have an opportunity of working for an organisation with such highly intellectual devoted volunteers.

Long Live the Ethics and Culture of AMC.

Dr Mukesh Gupta MD DNB PGDPC
Association of Medical Consultants, Mumbai President 2019-20
Chairman Media & Communication Cell
Core Team member, Mindspace ALM Malad





DR. NILIMA VAIDYA-BHAMARE
GYNAECOLOGIST AND OBSTETRICIAN
SECRETARY, 2019 - 2021

Dear AMCCites ,

I , am Dr Nilima Vaidya Bhamare , the incoming President of AMC . The 51st one to be precise .

My journey through AMC has been tough & colourful . With loads of ups & downs. I learnt a lot during this journey. From a fledging committee member to now the President of AMC has been a steady climb. I have had to fight for getting to where I am today. When you are challenged, you learn much more about your own strengths and develop great courage. You find yourself in the truest sense. Somewhere my uprightness and straight forward attitude has got me in more trouble than helped me. If you don't mould your attitudes with times you don't grow wiser. I learnt how to taper my over zealotry and how to be diplomatic without changing my values. I have however , kept the fire in my belly burning and strong!

I was an activist before I joined AMC. And I chose AMC as the organization I want to work with because of its strong medicolegal stance.

AMC has helped many members fight their legal battles and won many victories. The managing committee members are dedicated to do good for the fraternity.

The various cells work diligently in solving members issues, be it the NOAH cell, PI cell , CBS cell or H&A Cell.

During COVID times, the AMC has helped its members and also the resident doctors beyond imagination. I myself established MUMBAI DHADKAN, an aggregator of NGOs to help all those in distress.

AMC is an organization to reckon with.

My stint with AMC allowed me to liaison with the government & try to bring about change for our fraternity.



The year ahead shall be my true test as a leader . I aspire to be that President who will re instill the faith , that associations can do great work where the voice of dissent is heard & made a powerful tool of growth , where the younger generation shall be given a chance to prove that dreams can be achieved , & where more women get inspired to join the organization which has largely been male dominated.

I wish my beloved AMC the very best for its future & hope that we shall be able to help hold hands with every member through turbulent times.

AMC is what it is today because of the whole hearted dedication of all its Past Presidents , Secretaries & committee members . I acknowledge with gratitude, their contribution to the greatness of this organization, & as it's 51st President promise to do my very best to keep the flag flying high & making every member proud to be a part of the AMC family!

Long live AMC !!!





DR. DEEPAK D. BAID

GENERAL PHYSICIAN

PRESIDENT, 2020 - 2021

Congratulations on our organization reaching its golden jubilee year.

This goes as a credit to you all who have nurtured this organization to what it is today.

Credit to also the past managing committee teams and the presidents who have steered a small boat to the huge ship that it is today. Adding value to its members by various schemes like Indemnity, Health and Insurance and Consultants Benevolent scheme, AMC has stood by its members in their times of need.

The NOAH cell has brought nursing homes together and have fought for their issues with the policy makers in the government. COVID has tested our fraternity to the maximum and AMC stood by its members, be it distribution of PPE kit and increased insurance cover to our members and our young students. We took the responsibility towards generation of the rail travel pass for the health care personal. "The woods are dark and deep and we have a long way to go before we sleep"; We will accomplish more with the leadership of AMC with the passage of time.

Jai Hind, Jai AMC.





DR. SUSHMITA N. BHATNAGAR

PAEDIATRIC SURGEON

SECRETARY, 2018 - 2019

PRESIDENT, 2021- 2022

It is my proud privilege to have the opportunity to write as the 50th President on this grand, exciting, and memorable event of Golden Jubilee Celebrations.

My journey in AMC began when I was invited as a Guest speaker in AMCON 2011 by the then President Dr. Niranjan Agarwal (though I had been an AMC member for many many years). That was the first time I got a glimpse of the functioning of AMC and about the role and performance of the managing committee of the Association. The decision to join and serve the association was instantaneous and there was no looking back.

Serving the association in various capacities, learning and imbibing from the seniors including past presidents, Trustees, office bearers, colleagues, and well wishers of AMC, the desire to do more and more for the Association and its members kept getting stronger.

Only after entering into the system as a Managing committee member, gradually I realised the vastness, the greatness, the selflessness, the level, and the farsightedness of this unique, exclusive, largest multispeciality Association in the country. The Association of Medical Consultants truly lives up to its tagline - Association with Mission and Commitment.

In 2018, as Hon. Secretary of the Association, after acquiring an in-depth perspective about the various cells providing so many opportunities and facilities to its members, I was simply awestruck.

Taking on the challenge and the responsibility in 2021 as President of this humungous organization, I have strived to contribute in many ways by adding value to that which already existed and innovated and created where there was a felt need. The Association of Medical Consultants has been made future-ready in many matters such as Infrastructure, labor matters, IT Laws and policy matters, financial investment matters, smooth functioning of membership matters such as online membership application, and approval not just for Mumbai but for all affiliate branches, SOS function in mobile app with an immediate distress message to President, Secretary, Chairman of Medicolegal Cell, and so on and so forth. All the credit goes to the encouragement and undaunting support of the Past and present teams. I am sure the efforts of 50 years will bear more and more fruits in the future and the association will reach many great heights.





DR. PRADEEP BALIGA

ENT SURGEON

SECRETARY, 2021 - 2022

Hearty Congratulations to all my fellow AMCites on the happy occasion of the Golden Jubilee of our esteemed and prestigious AMC (Mumbai). Late Dr. Anil Nand, the first qualified Anesthesiologist in Kalyan, introduced me to AMC two decades back. Initially, I started out by attending the various programs as a guest; subsequently became Life Member of AMC in 2005. Being an active member of Team AMC, doing various posts over all these years has been a really rewarding learning curve for me. I am thankful to all my teammates, leaders and seniors.

I have been a regular blood donor since 1973 when I joined Karnataka Medical College, Hubli as a student. So, when AMC started Blood Donation Drive as a part of Doctors' Day celebrations in 2005/06, I happily joined the noble task. I have continued this annual event at Dombivli/Kalyan, since its inception.

In Thane down areas like Dombivli, Kalyan, Bhiwandi, Ulhasnagar, Ambarnath, Badlapur, etc., the reach of AMC and hence membership was initially very much limited. I happily took up the opportunity of meeting medical consultants in our Zone and motivated several hundreds of them to become Life Members of AMC.

First of its kind, AMC Meet was successfully conducted in 2005, at Ulhasnagar, with most of the Managing Committee Members attending. In the following year AMC Meet was held at Bhiwandi. The Nurses Training Program held at Mahavir Hall, Kalyan in September 2008 received a huge response from the neighbouring cities and nearly 500 staff members attended. Similar events were held at Thane and Dombivli in 2009 and 2010 respectively. To summarise, many such sequential activities contributed to the rapid growth of the membership in our Zone.

From the emails were sent on a daily basis to the Managing Committee members wishing to receive the same. After the arrival of WhatsApp, messages were shared by the App too, news clippings were sourced from various agencies such as Times of India, Hindustan Times, DNA, Indian Express, The Hindu, Economic Times, Loksatta, Maharashtra Times, Mirror, Mid-day, The ADC, etc., and other Online E-papers and websites. The quarterly compilation was published on "The Grasp", regularly for more than 10 years. This was my passionate daily pursuit but was stopped as most of the major English newspapers no longer allow free access to their e-papers.



In short, AMC has provided ample of opportunities to serve in various capabilities and I have always enjoyed doing the same. Now, with the approaching Golden Jubilee celebrations, I am withdrawing from the top post and thereby the possibility of elections, knowing that the future of AMC is in safe and able hands of the younger generation.

Happy to continue to serve AMC, in whatever task assigned to me.

Dr. Pradeep Baliga
Hon. Secretary (2021 – 2022)
AMC (Mumbai)





A Special Mention

For Our Well Wishers.

**WE'RE SO
GRATEFUL FOR
YOUR SUPPORT.
WITHOUT YOU, THIS
JOURNEY
WOULDN'T BE
POSSIBLE.**



All India Ophthalmological Society

Dr. Barun Kumar Nayak

President

All India Ophthalmological Society

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M: (+91) 9987315599 | president@aio.org

March 19, 2022

To
The President
Association of Medical Consultants
Mumbai

President

Dr. Barun K. Nayak

President Elect

Dr. Lalit Verma

Vice President

Dr. Harbansh Lal

Hony. Gen. Secretary

Prof. Namrata Sharma

Hony. Treasurer

Prof. Rajesh Sinha

Joint Secretary

Dr. Chaitra Jayadev

Joint Treasurer

Dr. Ajay Aurora

Chairman Scientific Comm.

Dr. Partha Biswas

Editor Journal

Dr. Santosh G. Honavar

Editor Proceedings

Dr. Arup Chakrabarti

Chairman ARC

Dr. Chitra Ramamurthy

Imm. Past President

Prof. Mahipal S. Sachdev

Dear Madam,

It gives me great pleasure in congratulating you and your entire team of AMC for reaching this wonderful milestone of 50 glorious years of a meaningful existence.

The AMC has rendered yeoman service to its members and the community at large, since the past 50 years.

On behalf of AIOS I wish the organization all success for the future.

Regards and best wishes,

Dr Barun Kumar Nayak
President (AIOS)

Correspondence Address

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BOMBAY NURSING HOMES ASSOCIATION

P.T.R. No. F-4517

www.bnha.in

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Dr. Manoj Gandhi – 24211555 /

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19th March 2022

To

President

Association of Medical Consultants

Mumbai

It is with great pleasure that I, Dr. J N Dalal on
behalf and as President of

Bombay Nursing Homes Association (BNHA)
congratulate the entire

team and members of AMC on a major milestone
achievement of 50

glorious years of AMC

Dr. J N Dalal



Dr. J N Dalal

President - Bombay Nursing Homes Association





Dr. Sarita Bhalerao

To
AMC

I am delighted to give this message on the occasion of the Golden Jubilee of AMC.

HEARTIEST CONGRATULATIONS AMC

I would like to congratulate AMC for the excellent work done for its members. The CBS scheme, professional indemnity scheme, mediclaim are excellent schemes. I enjoy reading the GRASP.

My best wishes to Dr. Sushmita Bhatnagar and the entire team for this grand celebration.

Thank you Dr. Reena Wani for asking me to write this message.

Dr. Sarita Bhalerao





Dr. Jayanthi S Shastri

Lab Director,,Molecular Diagnostic Reference
LabRegional HIV Reference Lab, NACO
Viral Research & diagnostic Lab, ICMR
Kasturba hospital for Infectious Diseases
Professor & Head Department of Microbiology
T N Medical College & Nair Hospital
ASM Ambassador, Western India
MUMBAI,INDIA

COVID 19 has been an unprecedented Global Health crisis posing a major challenge to the public health officials & policy makers.

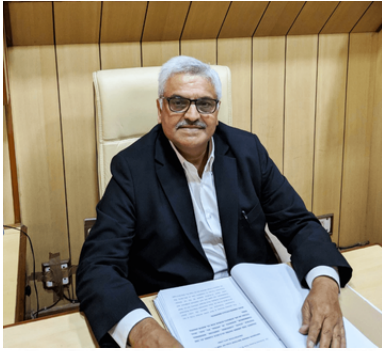
Molecular Diagnosis by Polymerase Chain reaction (PCR) is critical for Early diagnosis of Infectious Diseases : Leptospirosis, Dengue,Chikungunya, H1N1 ,Hepatitis, HIV & COVID 19.

PCR Labswere established across the country during the pandemic which contributed to rapid & accurate diagnosis of COVID 19. Mumbai had 57 Labs conducting PCR tests.

Appropriate diagnosis and prompt reporting aided in Public Health surveillance enabling policy makers to track the infection in the city and take the right decisions.

I congratulate the office bearers of Association of Medical Consultants for their excellent service & contribution during the COVID 19 Pandemic.





**DR S K KHATTRI
MANAGING PARTNER
DR SUNIL KHATTRI & ASSOCIATES
NEW DELHI**

Golden Jubilee Celebrations of 'Association of Medical Consultants, Mumbai' is a very special occasion for all of us who have been associated with AMC. The organization has worked tirelessly over the last 50 years to promote well-being of Consultant doctors, to protect, promote and maintain the health, safety and well-being of the public, to promote and maintain public confidence in medical professionals.

It is indeed my proud privilege and an honour to work with such an esteemed organisation which has made a special place of itself in service to society.

The Souvenir being brought out on the occasion, captures the magnificent moments and outstanding achievements of the organisation. It is also a tribute to all those members who have contributed to the growth and glory of AMC over the years. Their singular commitment and untiring efforts have not only established an enviable reputation of AMC, but also serve as a constant source of inspiration for us to carry its rich legacy forward.

**Dr S K Khattri
Advocate
Supreme Court of India**





Adv. Rui Rodrigues

Comment from Adv. Rui Rodrigues on AMC's Golden Jubilee

My longstanding association with AMC dates back to more than 25 years ago, during the days of juniorship with my mentor - Justice. (Dr.) S. Radhakrishnan, who as Senior Advocate, used to appear in various medicolegal cases of AMC members. I have closely observed the Association grow beyond the frontiers of the State, into a formidable go – to – platform for the medical fraternity; and in so doing, AMC has carved a unique niche for itself.

I send my warmest wishes to AMC on reaching its Golden Jubilee milestone and wish it all the very best, as it embarks on its next 'Golden' 50 years of an eventful journey to hit a century!





Dr. Geetha Balsarkar,
President - Association of Medical Women in India

Obstetrics and Gynecology,
Nowrosjee Wadia Maternity Hospital,
Seth G.S. Medical College, Parel, Mumbai.

On behalf of The Journal of Obstetrics and Gynecology of India and Association of Medical Women in India, Mumbai branch I congratulate The Association of Medical Consultants, Mumbai also called Association with Mission and Commitment for having completed 50 years of yeoman work for various issues that plague the practicing consultants.

This association has brought together about twelve thousand consultants from all specialities of medicine under one roof, which in itself is an Herculean task. Probably it is the only one of its type in India. It has done hand holding for new consultants in the practice, guided the consultants already in practice for their insurance and medicolegal issues and also felicitates the seniors. It has done path breaking legal work and has also liaised with local administrative authorities for various issues of nursing home owners.

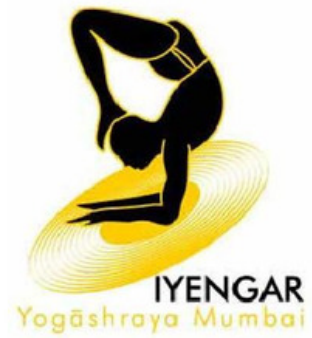
AMC has successfully advocated policies along with various institutions like health ministry and medical council. Signature events of AMC are Doctor's Day program, AMCON, FINCON, MLCON and ITCON. We look forward to these programmes every year.

It is headed by a strong multifaceted team who are dedicated to organisation. The theme of "TRIPLE R: Revive.Refresh.Ready" is very apt for the Covid times that the country is undergoing. Probably the fourth R should be Research which should also be given a priority in this unsettling covid times.

Climate change is a reality that we are facing and even if each one reduces our plastic consumption, it will make a big difference to this planet. AMC should work together with stakeholders and instill and advocate the ethics of clean plastic free environment.

Best wishes to Dr. Sushmita Bhatnagar and her team for a wonderful year!!





March 23, 2022

Dear Prof Sushmita Bhatnagar,

On behalf of Iyengar Yogashraya, Mumbai, it gives me immense pleasure to congratulate the Association of Medical Consultants and you, as its esteemed President on the golden jubilee of the AMC. I take this opportunity to thank all the doctors who have worked very hard during the pandemic to save lives as well as help the public often at the risk of their own health.

It has been an honour for us to work with the members of AMC to give you all an experience of the ancient Indian Science of yoga, especially in the tradition of Gururji BKS Iyengar, popularly termed as Iyengar Yoga. It has been our small contribution for the health and well-being of the doctors who take care of our health and well-being throughout our lives. Our Association started with an online lecture demonstration on the occasion of the International Day of Yoga, 2022 and thanks to your support we could conduct special yoga session for AMC members and then follow up with research studies. Looking forward to being part of your journey.

Wish you all the very best and congratulations once again on reaching this milestone.

Regards

Birjoo H Mehta

Trustee

Light on Yoga Research Trust, Mumbai.

Iyengar Yogashraya, [Div. of Light on Yoga Research Trust] 126 Senapati Bapat Marg, Lower Parel, Mumbai 400 013
Phone: 24948416 email: info@bksiyengar.com; website: bksiyengar.com





Dr. Suhas Shah

My Dear AMCites,

We are celebrating the Golden Jubilee of our AMC. We had a glorious journey & we are going from Strength to Strength. This is a proud moment for all of us. So let us celebrate & say three cheers to all of us.

Yours Faithfully
AMCites
Dr. Suhas Shah





Dr. Ajit Desai.
Trustee, AMC- Mumbai.

It gives me immense pleasure to pen down this congratulatory message on account of the Golden Jubilee Celebration of Association of Medical Consultants, AMC – Mumbai.

The seed of AMC was planted in 1972- fifty years ago, by a few eminent Consultants and the tree has grown to such an extent that there are more than 13,000 Consultants who are life members of AMC – Mumbai. till date.

One should not forget those Consultants who have contributed to the uplifting of AMC- Mumbai. To name a few are, Dr.Lalit Kapoor, Dr.P.N.Rao, Dr.S.N.Agarwal, Dr.Bipin Shah, and many more.

Dr.Lalit Kapoor remains the backbone of AMC. “AMC- Medico-Legal Policy” also called Professional Indemnity Policy was his Brain- Child. This Policy is a tailor-made policy and is appreciated throughout the Medical field. There is no parallel to this policy.

Dr.P.N.Rao devoted his complete life towards the upbringing of our “Heath & Accident Policy”. He tried his best to include everything under the roof to benefit AMC Members.

Dr.S.N.Agarwal did not stay behind and served Humanity with his unmatched Social Service. He inspired many AMC Members for Blood Donation Drives and many more social activities.

Dr.Bipin Shah cared about the Welfare of AMC members and started the “Consultants Benevolent Scheme.”

There are many more members who have served AMC one way or the other.

I wish all the best to AMC- Mumbai and sincerely wish that this Gold will turn into Platinum and much more.





MUNICIPAL CORPORATION OF GREATER MUMBAI

**H.B.T. Medical College & Dr. R. N. Cooper Municipal General Hospital, Bhaktivedanta
Swami Marg, Juhu Scheme, Juhu, Vile Parle (west),
Mumbai, Maharashtra 400056.**

DEPARTMENT OF OBSTETRICS & GYNECOLOGY

FABULOUS AT FIFTY!

It has been a wonderful journey for the Association of Medical Consultants (AMC) over the past five decades, culminating in the Golden Jubilee Celebrations this year 2022.

As a medical teacher and MCGM public Hospital doctor, I have been associated with this prestigious organization initially to coordinate mentorship and academics but in the recent pandemic situation, also as grateful recipient of benevolent donations to public health care systems during COVID-19 which is still going on.

Many of us are taking benefit of the various schemes, especially the very popular indemnity policy. AMC as an organization is going from strength to strength, and I am proud to be part of the team in this special year. I wish the organization all the best for future success!

Dr Reena Wani
HOD Obstetrics & Gynecology
HBTMC & Dr R N Cooper Hospital, Juhu, Mumbai
President MBPC
(Mumbai Breastfeeding Promotion Committee)
Core Committee Member FOGSI VAW Cell 2015.2021
Governing Council Member, ICOG 2021-2022





GOLDEN JUBILEE SOUVENIR