



**Association of Medical Consultants presents CONFERENCE TOUR to NORTH EAST
For fully Vaccinated Members only**

It is a pleasure to present the most sought destination for Travel in 2022. Visiting some of the seven sisters in North East. The tour will begin in first week of March 2022 and the exact dates will be announced shortly.

Before you go through the itinerary kindly go through below important facts.

Important Facts for Travellers:

- The tourism infrastructure in small towns especially and many parts of Seven Sister are not very developed and one should not expect or compare it with the standards of plains & other developed cities.
- There are many places in Arunachal Pradesh, which are located on higher altitude and has low oxygen level, hence the guests with health problems i.e. back pain/Heart & Asthma/motion sickness/blood pressure will be at high risk as medical facility is also very poor. It is not advisable for such guest to travel and they must consult their doctors before planning.
- Good amount of Walking daily required and some places steep and cobbled roads
- Some places the meals are not buffet it will be pre decided menus ala carte or as per hotel policy.
- Some hotels don't have lift and need to climb stairs, however baggage porter is available and included

To Book :

Rs 25000 per person deposit slip along with Aadhar card front and back copy to send to 9920785524 on WhatsApp. For any further enquiries please call 9920785524 or 9833656578.

Balance payments 1 Month prior to departure



Wonders of North East

Meghalaya : Visiting Shillong Mawlynnong Dawki and Cherrapunjee

Arunachal Pradesh : Visiting Tawang Dirang Bhalukpong / Bomdilla

Assam : Visiting Kaziranga and Guwahati Tezpur

Meghalaya Weather

15-25 Degrees Feb end / March 1st week

Assam

15-25 Degrees Feb end / March 1st week

Arunachal Pradesh

-5 to 12 Feb End / March 1st week



Day - 1 : Guwahati - Shillong

Arrive Guwahati and drive to Shillong transfer to Shillong (4,900 ft.), called 'Scotland of the East' (100 kms 3 hrs). Enroute visit Umium Lake, a majestic placid lake with its surrounding sylvan hills. On arrival at Shillong, check in at your hotel. Overnight stay at Shillong.



Day - 2 : Shillong - Mawlynnong - Dawki – Shillong Approx 4 hours

After early breakfast drive to Mawlynnong – “Asia’s Cleanest Village”. Mawlynnong offers many interesting sights such as the living root bridge and another strange natural phenomenon of a boulder balancing on another small rock. Later proceed to Dawki, a small town near India Bangladesh border. Enjoy breathtaking view of the Umangot River. Evening drive back to Shillong. Stay overnight at your hotel in Shillong.



Day - 3 : Shillong - Cherrapunjee – Shillong 60 Kms 2 hours

Today after breakfast drive to Cherrapunjee for a day trip. officially known as Sohra. It is the wettest place on earth. Later visit Thankaranga Park, Mawsmai Cave, Nohkalikai Falls & Seven Sister Falls.





Day 4 : Shillong Tezpur or Bhalukpong approx. 6 Hours Drive

After breakfast visit Don Bosco Museum & Ward's Lake. Later drive to Tezpur/Bhalukpong.

Day 5 : Tezpur /Bhalukpong – Dirang Approx 5 Hours drive

After early breakfast drive to Dirang. On the way visit Tipi Orchidarium situated on the banks of the river Bharali, a place over 500 orchids, on display there are some rare species of orchid.

Arunachal has largest range of orchids in the country then take a break to visit Nag Temple. Continue your drive and do not forget to keep your cameras handy as you cross beautiful waterfalls and get some spectacular views.

On arrival check in to the hotel. Dirang is also famous for hot water springs where people take bath to cure skin ailments. Overnight stay at Dirang



Day - 6 : To Tawang Approx 5 hours

Morning after breakfast drive to Tawang Overnight in Tawang the Land of Hidden Paradise.

On the way enjoy the beauty of Sela Pass (13700 Ft) a border line between two districts i.e Tawang & West Kameng Tawang, Sela Lake a small lake, which remains frozen for most of the year. Further drive to 10 kms visit Jaswantgarh War Memorial - a memorial to the brave soldier who single handily tried to hold off approaching Chinese from the pass during the 1962 Indo-Chinese war. Later visit majesty of Nurang Falls where scenes from the SRK-Madhuri Dixit starrer "Koyla" were hot. Arrive & check in to the hotel.

Day - 7 : Tawang - Bumla Pass

Bumla Pass : Only if Permission from Indian army Optional cost given



Morning after breakfast visit Bumla Pass (Indo-China Border), situated at the Indo-China border, 15,200 ft. above the sea level. (Please Note: We visit Bum la Pass if we get permission from the Indian army. Also only if the roads are operational). Overnight stay at a hotel, in Tawang.



Or

After breakfast visit Tawang Monastery world famous seventeenth century Tawang Monastery, also known as Galden Namgyal Lhatse which overlooks the wide Tawang Valley at a height of 10,000 ft. The monastery is a vast complex of 65 buildings housing Lamas and antique scriptures written in gold letters and ancient scripture, images and has an eight meters high gilded Buddha statue. It is the largest monastery in the Himalayan region and the second oldest monastery in Asia. Five hundred lamas live in its residential buildings and it is rich in.

You can also visit the craft center in Tawang sells beautiful masks, hand woven carpets, jewellery in silver, coral and amber, 'chubas' the local dress and delightful affordable mementos. Evening at leisure. Overnight stay at Tawang.

Day 8 Tawang Bomdilla Approx 6 Hours

After breakfast transfer to Bomdila (**8,200 ft.**) - the head quarter of West Kameng District of Arunachal Pradesh and also known for its Buddhist monasteries. It has a lot of attractions for the visitors for its cool climate. On arrival check in to the hotel. Later visit Gontse Rabgyaling Monastery (Upper Gonpa), Thub-Chog Gatsel Ling Monastery (Lower Gonpa). Bomdila offers wonderfully panoramic view of Himalayan landscapes and snow-clad ranges. Evening you can visit the local market. Overnight stay at Bomdila.

Day - 9 : Bomdilla – Kaziranga Approx 8 Hours drive

Today after breakfast check out from hotel and visit Later drive to Kaziranga. Night stay, in Kaziranga. In the evening we enjoy the Bihu dance – an indigenous folk dance of Assam.



Day 10 Kaziranga

Early morning explore any one zone of Kaziranga National Park on back of Elephant. Apart from the Rhino, other species found are Hog Deer, Swamp Deer, Wild Buffalo, Elephants and if you are lucky then tiger also. It is also home to pelicans, storks and darters as there are a number of water bodies inside the Park. Return to the resort for breakfast. In the afternoon enjoy jeep safari through the National Park. Return to the hotel. Overnight stay at Kaziranga.

Day 11 : Kaziranga National Park - Guwahati (220 kms / 5 hrs.)

After breakfast drive to Guwahati. Arrive and check in at your hotel. Evening visit 'Kalakshetra', a place where Assamese history and culture. Return to hotel. Overnight stay at Guwahati.

Day 12 - Guwahati Mumbai flight

Today we visit the Kamakhya Temple – one of the 51 Shakti Peethas in the country and Umananda Temple situated on a small river island in River Brahmaputra. Later drive to airport for flight back.

President

Hon. Secretary