



**ASSOCIATION OF MEDICAL CONSULTANTS, MUMBAI (AMC)
IN PARTNERSHIP WITH
THE PHYSICIANS ASSOCIATION FOR NUTRITION (PAN)**

48th CME: HEALTHCON 2025



Sunday
14 DECEMBER, 2025



8:30 AM - 4:00 PM



IMA Hall, Next to PVR, Vile Parle, Guru Nanak Road,
Sainath Nagar, MHADA Colony, Juhu, Mumbai,
Maharashtra 400049

REGISTER NOW

**Registration is free but compulsory.
MMC points are chargeable.
INR 200/- for MMC points**

**Dr. Rajeev Agarwal
President AMC**

**Dr. Prashant Kerkar
Hon. Secretary AMC**

**Dr. Navneet Desai
Prog. Com. Chairperson**

**Dr. Rajeena Shahin
Medical Director PAN India**

**Dr. Rupa Shah Chairperson
PAN India Mumbai**

**Dr. Vivek Dwivedi
Convenor**

**Dr. Rajendra Nagarkatti
Convenor**

| TIME | TOPIC | SPEAKER |
|---------------------|---|----------------------|
| 8.45 AM – 9.30 AM | BREAKFAST | |
| 9:30 AM – 9:50 AM | Know your AMC | Dr. Prashant Kerkar |
| 9:50 AM – 10:20 AM | Processed Lives: Rethinking Food | Dr. Smriti Naswa |
| 10:20 AM – 10:40 AM | AMC Umbrella Policy | Dr. Rajeev Agarwal |
| 10:40 AM – 11:10 AM | Decoding the Evidence for Our Diet | Dr. Anuja Pethe |
| 11:10 AM – 11:30 AM | Car Health & Insurance | TATA AIG |
| 11:30 AM – 12:00 PM | The Peculiar Protein Problem | Dr. Sharang Wartikar |
| 12:00 PM – 12:20 PM | Why Financial Fitness Is as Important as Physical Fitness | Mr. Jignesh Gajjar |
| 12:20 PM – 12:40 PM | Healthy Loans for Organisations | Kotak Bank |
| 12:40 PM – 1:30 PM | Panel Discussion & Q&A | Dr. Ram S |
| 1:30 PM – 2:15 PM | Lunch | |
| 2:15 PM – 2:45 PM | Dairy: The Udder Side of the Story | Dr. Kiran Vaswani |
| 2:45 PM – 3:15 PM | DIY: Putting Principles into Practice | Dr. Rupa Shah |
| 3:15 PM – 4:00 PM | Panel Discussion & Q&A | Dr. Manali Rao |